

Creator Teaches How to Empower Prayer

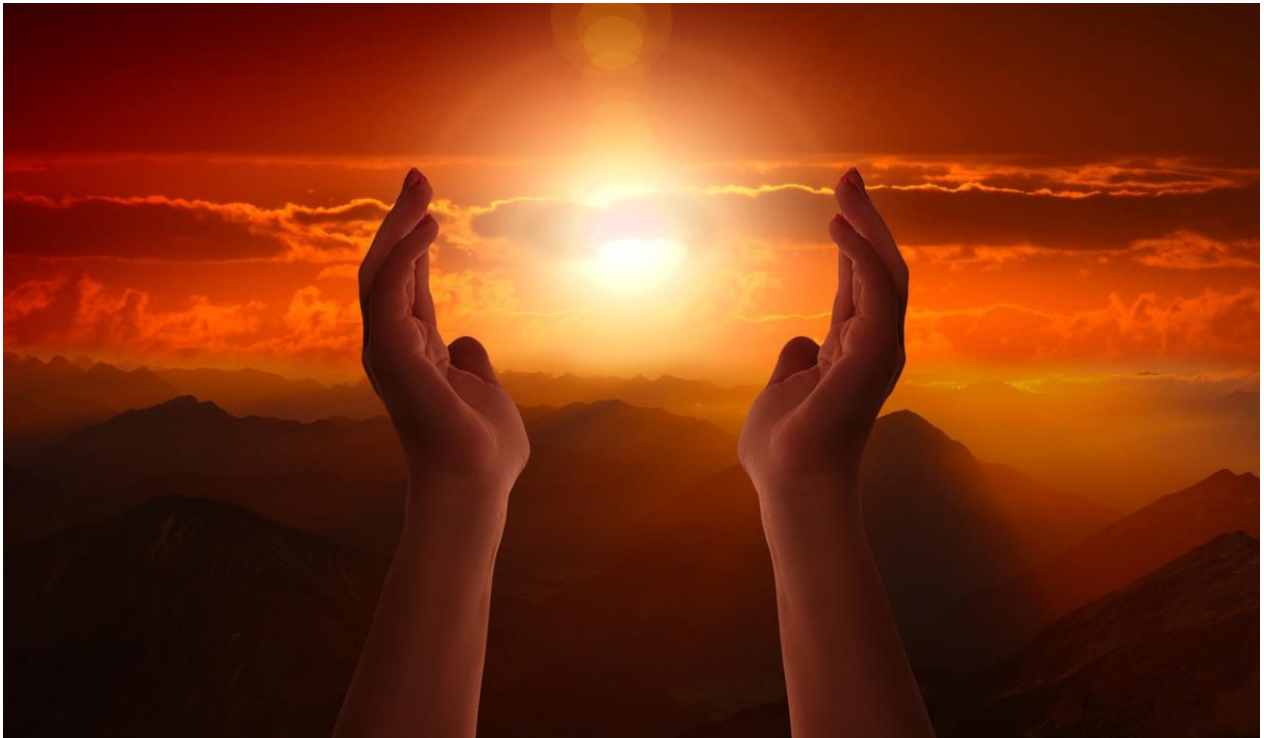
Karl Mollison

Creator Teaches How to Empower Prayer

Channeled by Karl Mollison

www.getwisdom.com

karl.mollison@getwisdom.com



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Introduction

Welcome to Get Wisdom and our outreach about effective prayer.

If you could ask the Almighty about how to get more divine help, what would be the current divine wisdom about prayer? We talk to the Almighty on a regular basis, and get answers.

We channel Source Creator, also known as the Creator of All That Is, God, Allah, the Almighty. We use the term Source Creator because that is not associated with an established religion, and we wish to bridge across religions and welcome all to join us in seeking deeper truths about workings of the divine. We have subscribers of all faiths.

In seeking a better understanding from Creator about reasons why the world is such a troubled place despite being a divine creation, the answers reveal serious threats to human survival. There's lots of information about this on our website.

Everyone has challenges in life, and witness many who struggle. Getting divine help effectively can be life-changing.

The bottom line is that many problems, including serious threats to humanity, will require divine help to solve, but it is our responsibility to ask for this. For humanity to prevail, we have been told there must be a greater number of people seeking divine assistance once again, as so many have drifted away from faith in a Higher Power. We all must reach out to the divine for help, and to request healing of ourselves and others.

There are many reasons for this, including the fact that religious teachings give little specific help and understanding about how to heal, other than that the divine realm can do it. We are told the Scriptures have been corrupted down through the ages, and even many prayers used today are poorly focused and may be completely ineffective. Just as serious is the fact that most people, including those who are religious, are still unaware of the current biggest threats facing humanity.

Our work is not just to provide yet another spiritual website of encouragement and happy talk about sweetness and light. Nor do we want to re-invent religion. But there is much serious spiritual work to do for all of us, and time is growing short to get it done.

Our mission is to provide three main services:

- 1) Make available direct question and answer sessions with Source Creator as we seek a deep understanding of our world and the human experience, and invite subscriber questions, so all can learn together;
- 2) Pursue research to fully understand how to achieve and maintain well-being despite the headwinds facing humanity, by developing and offering access to powerful new tools for obtaining divine healing and support;
- 3) Provide a resource about effective prayer, why it is needed, and how to go about it.

This eBook addresses the third service, and summarizes important things we have learned recently about prayer, from Creator's perspective, to help us in today's world. We will give you a set of prayers for common needs, including prayers for humanity. To help your understanding, we will quote our original channelings so you can read Creator's words about their makeup and purpose, and what makes them effective.

Our questions are given in **bold**, followed by Creator's answers. Let's start with an overview from Creator about what prayers are for.

Source Creator, what can we tell people about the importance of prayer in their lives?

"Prayer is your link to your origin and the divine heritage you truly represent as a soul extension of Creator's consciousness. You are in a diminished form while you are here as physical human. If you want something more, if you need something to happen beyond your capability as physical human, you can reach out to the divine for assistance and support. This is your birthright and is in keeping with your heritage. It is a choice for you to make. If you choose to take advantage of this process, you will multiply your individual strength many-fold.



If you never reach out to the divine, you will be largely on your own and your reach will be greatly diminished. You may still get along and things may seem just fine in human terms, but when there is a serious challenge, a threat of some kind, or a setback that seems impossible to change, there are still options available to you if you see them and believe in them.

Many make the mistake of ignoring the divine until those moments of tremendous need. This is the worst possible preparation for any kind of undertaking. If you knew one day you might slip and fall over the edge of a railing at the top of a high building and find yourself hanging onto the edge, if you had never exercised and kept your muscles in shape, you would likely not be able to hold on for long or pull yourself up, and you would certainly perish. Having a routine regimen of exercise to keep yourself in trim, minimize excess weight gain, and keep the muscles toned, and vigorous, you would be much better prepared for any kind of accident requiring physical action of this kind.

It is no different when it comes to needing divine help. If you wait until a moment of crisis but have never prepared, never exercised those prayer muscles, cultivated your inner beliefs, both in the divine and in your worthiness to receive divine attention and assistance, you will be ill-prepared to make powerful prayer requests that are likely to be answered. It is much easier to have the necessary belief quotient in the divine and in oneself if you practice an outreach on a regular basis, so it feels routine and comfortable. This can be your salvation in a moment of crisis because you will be able to reach out quickly and clearly with enough certainty in the intention to get meaningful help.

What is unseen and unappreciated is the divine can assist you in all ways, not just in moments of personal peril from an outside threat or a time of crisis because of severe illness or injury. Virtually every day there are things that must be accomplished, goals to be formulated, and then put into action so they can be met. Decisions about all kinds of things, new plans, and seeing to the immediate needs as well as some longer-term needs to keep things going and act in a timely way to do the incremental steps leading to the successful outcome desired—all ongoing work of this kind can be facilitated meaningfully by divine partnership where you ask for guidance and support, healing and protection, so inner roadblocks can be surmounted.

Alternatives you may not have thought of, will occur to you through inspiration courtesy of the divine, where you will have reminders about obligations undertaken, and might be in arrears, but for an inner impulse causing the memory to float up as a reminder when there is still time to act.

The interaction with others in many settings may go smoother and be more fruitful if you are requesting divine support because there are many things that can happen to lubricate the gears, so to speak, so the people around you may be more open to hearing what you have to say and cooperating with your agenda.

Your strength, your efficiency, your effectiveness overall can be improved in many small ways that add up—each aspect coming from a divine source to inspire, uplift, add energy for your use, and keep things humming along. This is all available for the asking—but one must ask. If you choose to do everything on your own, you will not necessarily fail, but life will be more difficult than it needs to be, and you will be the loser.”

For some reason, many of us have abandoned prayer. Why is that? Have we been doing it wrong? Have we given up due to poor results?

We learn in this dialogue with Creator that we are a soul extension of Creator's consciousness—a little piece of Creator. However, when in the physical body, our natural abilities are diminished. We must rely on Creator to supply most of the creative power we left behind in the divine realm. When a connection to Creator is developed and kept strong, we can receive the many benefits that Creator can ONLY provide when WE ASK through prayer.



Problems with Existing Prayers

There are many prayers that we may have used or are familiar with. But are they effective? In this chapter we will closely examine some strengths and weaknesses, with the highest expert on the subject—Creator!

We will start with a couple of questions we posed about prayers we came across and wondered about. Creator's answers illustrate why a divine update is needed about the use of prayer.

Source Creator, will the following prayer be effective, and if not, why not: “Dear Lord, Bless This Food, So It May Bless Our Bodies?”

“This prayer will be effective in imparting a positive tone, in an energetic sense, but only in a limited way. It is, sort of, like adding a little extra energy, but not correcting any significant difficulty, or problem associated with what is being ingested. Like most prayers, this prayer falls well short of what is possible. There are many elements here that are not explicitly stated. A blessing means many different things. It is often meant to be more like a pat on the back, than a major alteration or change, or enhancement, as this is how it is thought of by most religious folk.

In addition, it is quite a vague label when applied to something like food being eaten. When used to apply to a person, the feeling on average, is one of helping them with greater luck in their lives, with luck being a divine support or encouragement. And in the case of food, it is similarly vague, and perhaps even more so because people typically do not pause to reflect on the meaning of the words they have learned. And are usually saying by rote, without any particular feeling or intensity, or clarity, to form an intention with power behind it.

As you know, there are many negative substances and energies ingested along with foodstuffs. The many toxins, adulterants, and contaminants, have become a significant negative, as well as the overall nutritional quality of food being in decline, in most areas of the world. So, to confer a blessing falls well short of a request to counteract these negative realities, by improving the food, to increase its value and safety. The link is there, in connecting what the divine realm can do in conferring some blessing to the body itself. But that is only a vague acknowledgement that

the food is intended to help the body, and so the expectation and the desire is stated for a divine injunction for the food, and for it then to be conferred to the body as well.

And this indeed is logical, and is fine, as far as it goes. But again, nothing is explicitly stated as to a desired outcome for the body: one of growth, and health, and vitality, and vigor, and longevity, and freedom from a downside from anything ingested, are not stated explicitly, and so will not be honored. So, the divine realm can add very little to the food ingested in a meal, with this as a prayer. There needs to be a greater focus, and explicit statement of desires, both in terms of what is to be done to the food, and then, what the desired outcome is for the person ingesting the food.

Isn't it interesting to learn that we must understand what we are asking Creator to do when we pray? Creator can only act upon specific details given with feeling, intensity, and clarity—to create a powerful intention.

Source Creator, will the following prayer be effective, and if not, why not: “Lord, I am not worthy that Thou shouldst come under my roof, but only say the word, and my soul shall be healed?”

“This is typical of many current prayers that have found their way into the liturgy. It is a prayer of human disempowerment, in a total sense. It first states that humans are unworthy of God’s presence, or intervention. This in effect, is saying: ‘God, go away. Come again when we are, perhaps, worthy of you.’ By being passive, that is the net effect. It is a decision you will not be touched by the divine. Your lack of worth is clearly stated, and its consequences, as well: ‘Because I am not worthy, do not come forth, to be with me.’

We have told you before, many times, that the intention of human rules your world. We always follow the lead of human, and what they think, and desire, and will not act on an agenda of our own. You are setting the rules and guidelines for our involvement, and when you put limits in place, those limits will rule. When you put your worst fears into words, they will come true. You can be certain this is so. That is very much the case here.

The second half of the prayer is, again, a statement of total passivity, that you will be helped if God deems it to be so. You are not stating this is desired or expected. And are not inviting Creator to take action. You are stating that you are, in effect, helpless, and will wait to see what happens. And again, we must tell you, quite frankly, that when you decide to be helpless, you will not be helped, because you have built a fence around yourselves, and we will not violate the perimeter you have established to separate yourselves from us.

As regrettable as that is, this is the power you have, to choose your isolation, your diminishment, your helplessness, and your suffering by presuming it is all up to the divine. On one level, this is true, but if you surrender your power, we cannot act in your stead. And this is a very important lesson to learn for all who wish to invoke a divine blessing of any kind.

It is important to decide what you wish to have, and then request, directly, divine help, for that to come into being. And you must also, not only believe in us, and our ability to help, you must also believe in yourselves, and your worthiness to be acknowledged, and helped, by the divine. If you are diminished through a conclusion about the self, that will limit what we can do for you. It is that simple.



You must awaken to the full meaning of what we have stated before—that all humans are an extension of our consciousness, and therefore, you exist as a part of us to begin with. There is no need for any separation whatsoever, nor for a lesser status. We are on an equal plane. There is only a difference in the relative power we command. You have less power because you are only a portion of our consciousness, whereas we have the totality of our consciousness, to make things happen.

But apart from the strength of our reach, you too, can think lofty thoughts, and have lofty notions, and use love as a force for good every bit as effectively as we can. And sometimes more so, because you have the extra empowerment to act freely in your realm, whenever you see a wrong to be righted, someone in need, and someone who has a deficit of love in their lives that you can supply. You can be more generous. We are not allowed, by the rules of engagement, unless those criteria are all in place.

So, in this sense, you have greater power in your world than we do on many occasions. To surrender that power leaves you in a vacuum, and we cannot fill that for you if your decision is to live this way. If you fill yourselves with love, and spread the love, and ask for more, things will come into balance and will stay in balance.”

What are the hallmarks of prayer from our history? Are they filled with passive words and confirmation of our unworthiness? Here, Creator tells us that these things actually tell Creator to stay away. And, if we believe that only Creator has the power to decide what prayers are to be answered, we become helpless and define for Creator that we cannot be helped. One paragraph gives excellent instructions about empowering ourselves:

“It is important to decide what you wish to have, and then request, directly, divine help, for that to come into being. And you must also, not only believe in us, and our ability to help, you must also believe in yourselves, and your worthiness to be acknowledged, and helped, by the divine. If you are diminished through a conclusion about the self, that will limit what we can do for you. It is that simple.”

As we learn a little more about being specific in our prayers, Creator helps us understand even more. A request that is doable and believable to the requester, gradually builds the belief quotient as results appear.

Source Creator, how might this prayer be enhanced: Source Creator, help me to expand my belief quotient through obtaining greater clarity, accuracy, safety, and belief in my own self-worth, and by receiving divine wisdom, support, encouragement, healing, and protection at all levels?

“There is nothing wrong with this prayer, it does include many of the important elements one needs, to be living in a way they can excel physically, mentally, emotionally and spiritually. It addresses many divine levels of assistance that all can contribute to the well-being and to the success of a person in the expression of their soul’s desire and avoid pitfalls from interference and personal inadequacy, and so on. So it is a fine prayer. It is only that it is starting from the end goal and asking of a person to have the energy and the level of achievement in place to support a very comprehensive divine response.

So it is somewhat like saying you want Creator to help you win the Olympics and help win the gold medal. It is a lofty notion and a positive one in all respects but is presuming a championship level of effectiveness across the board, so it is even a bit more, and would be more akin to asking for help in winning the decathlon, so one excels in all particulars in all dimensions. Again, there is nothing wrong with this. It is a worthy ultimate goal to achieve the capability to summon excellence in all respects, be cultivated, and brought forth and successfully expressed. We would suggest starting small and working one’s way up.



It is fine to ask for these to be gifted. It is adding more complication to impose the achievement of high-level outcomes across the board in a request to have the belief quotient raised. It is much easier and more realistic and a more practical, and likely more successful approach to start with something easily doable the person themselves can believe in, and this will cultivate a feeling of accomplishment and success and inner confidence that will enable them to grow and grow and grow. And once that is in place, more can be added.

So we are not saying this is a bad idea, we love the idea of this prayer and the attainment of these responses is a worthy idea and a worthy goal to have. It is just that it will be simpler to take a bite-sized piece and cultivate that at first. So we would start small and work out from there.”

A viewer asks: "Help us understand this often used prayer of protection: 'The light of God surrounds us; The love of God enfolds us; The power of God protects us; The presence of God watches over us; Wherever we are, God is!' Is this prayer empowered? I wonder because it is not in the form of a request. Would it be more powerful to change it as follows, 'Creator, surround us with your light, enfold us with your love, protect us with your power, watch over us wherever we are for you are always with us?'" What is Creator's perspective?

Your changes would be a truly Empowered Prayer, unlike the original quote. That is very typical of New Age interpretations of spirituality, as it is more in do-it-yourself mode, presuming that, as a light being, you have divine powers already, and this is more a *reminder* of your power, to be blessed with divine oversight and protection, than a *request*, when it is the latter we can respond to. We are only able to do what is contained within the intention of a requester, so if a seeming prayer of protection is launched that is, on its face, a conversation with one's self, simply stating it is a given that one is blessed with divine oversight, there is no intention for us to follow in adding anything more. People can choose to assume anything they please, but that will not make it so. Your version is, therefore, far superior.

A viewer asks about the following prayer: "'May all beings be peaceful and happy. May all beings be safe and well. May all beings awaken to the light of their true nature. May all beings be free.' This prayer for loving kindness of the Buddhist tradition appears to help raise those feelings when I repeat it. Is this able to promote my emotions to higher energies of loving kindness? Would it help raise my compassion and intention before doing the Lightworker Healing Protocol?" What can Creator tell us?

Your impression is valid on all counts here, that holding the intention for those things to happen is lofty and in divine alignment, and to create such thoughts and any feelings they give rise to, will raise your vibration and impart a good feeling that will be positive and supportive of doing healing work. That is fine as far as it goes, to help your state of being become more positive, at least for a time. But, as a prayer, it fails on all counts because it is a solitary endeavor that begins and ends with your own thoughts and feelings. It is a wish more than a prayer, a desire for a betterment to happen, and that is a lofty notion to have and a positive thing to experience in the moment in the same way thinking about laughing babies and frolicking puppies will bring a smile, but is a unitary and isolated experience because there is no connection with anything beyond the self, energetically, that comes about.

This is different from a prayer in being more a wish than an outreach for a communication or a communing with the divine. The purpose of prayer is to foster a human-divine partnership, ideally, rather than a unilateral entreaty from a position of helplessness and a state of ignorance about what is possible, or a low level of belief that might not even support a divine response because the belief in our existence might be so meager, or the belief by someone praying they are deserving of divine intervention is so limited. But to not even invite us to take some kind of

action to help these lofty notions come about, condemns the saying to something that can only be a feel-good exercise with no effect on the outer world.

While this is disheartening to hear for many, we must be honest and say that all of the would-be prayer power done through the ages, following these kinds of perspectives, have had a minimal influence on the world at large. They only serve to help cultivate a more helpful and generous personal perspective and focus, by teaching a person there are important things beyond the self to consider, and the desire for good things to happen is at least a starting point worth considering and taking seriously. But it is only actions beyond the recitation of a list of desires that can produce a meaningful change. That is so for the physical beings given such teachings, but not for the divine realm who, if invoked, can do far more than humans alone, and that is the unfortunate reality here, that relying on wishful thinking is an enormous missed opportunity to convert desire for something into a meaningful collaboration that would have divine power behind it to make changes for the better in the outer world beyond the self alone.

It seems that the familiar prayer methods have let us down. They have not been specific enough, they come from a place of disempowerment and unworthiness, and do not invite divine partnership. Creator tells us that our intention defines what can be done on our behalf and that our asking for help and support for ourselves or others gives Creator more freedom to act.

- Could we exercise this power more often?
- Could we ask Creator to help and heal the situations we see, instead of just observing them?
- How often do we witness tragedy and not think to ask for Creator's help?
- Now that we know more, will we do more?





Divine Updates on How to Pray

We have learned by talking with Creator some of the many misconceptions that have crept into religious practice and dogma as carried out by humans. Much of the misinformation that corrupts believers has to do with picturing the Almighty as a judgmental and harsh taskmaster at times, with demands and commandments, expecting humans to be humble and subservient supplicants.

As Creator explains, the entirety of divine consciousness is love-based, and disempowering humans by teaching them to believe they are diminished, flawed, and even unworthy because of their imperfections is a non-divine withdrawal of love. This will be described in multiple channeled answers to our questions, and is also reflected in the following update about how to pray.

Source Creator, is the position of the body important for effective prayer? Do closing the eyes and bowing the head help?

“There is nothing we require of you physically to launch a prayer request. We will always hear your thoughts, so it matters not where you are, what else you are doing, and how you are acting in the moment. There are many rituals developed by religions to create attitudes of showing respect and gestures of being worshipful in kneeling or bowing.



Many will be surprised to hear we do not expect nor do we endorse such practices because these are designed to disempower people to make them feel small and they can undermine the belief quotient.

Such practices are very much a negative influence that contributes to the dilemma that many never develop a full one hundred percent belief quotient because they are taught by their own religion that they are diminished, and defective, and coming from behind, having been born in sin and inevitably will make mistakes for which they must be forgiven again, and again, and again.

With God watching and believing they are so faulty, what are the odds when someone is in great need, they will feel worthy in that moment to launch a prayer request? This is a set-up to diminish human reach. It is self-chosen and self-inflicted, albeit with the help of other humans, to cultivate the notions through teachings and the example of other worshipers creating the cultural norm that seems natural and is rarely questioned.

Our perspective is that anything getting in the way of a divine partnership is non-divine. It is that simple, whether it is done by a priest or rabbi or imam, does not matter. If it disempowers human beings and causes them to be distant from divine help, it is a non-divine act and will be causing harm. And all the harm that is done will be on the heads of those spreading these teachings and enforcing them.

Closing the eyes is to help the process of prayer be more intimately experienced. When one is wanting to commune with the divine, it is something that will only happen on the receiving end for the person if they are in a meditative state because the only way Creator can reach out to them is through their non-local consciousness, their intuitive sensing. Most people are quite closed off and will not feel a response, or hear, or see something in their mind's eye, but some people will, who have intuitive abilities, and this can be quite a great blessing. It is encouraged to happen by focusing inward with the eyes closed. This automatically quiets the mind and helps the person experience their subconscious to a greater degree and what it is perceiving. It keeps the mind on the task at hand without the added distraction.

It is inescapable that when one is looking and seeing something, the mind must pay attention to it and it will be a distraction in a prayer setting. So having eyes closed facilitates the process by increasing the focus. This also will tend to increase the power of the intention behind a prayer request being considered. It is telling the mind and the system—we are really doing this, and we are giving it our all. And that is a useful adjunct that will aid the outcome because it is the intention that is listened to and will be acted on. The more focused, specific, and powerful a prayerful intention, the more focused, specific, and powerful will be the divine response.”



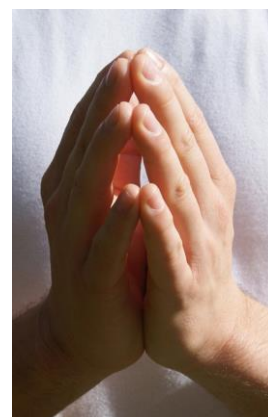
Did you notice that Creator does not expect nor endorse some of the prayer rituals that religions have adopted? These can make people feel small and diminish the belief quotient that is needed for effective prayer requests. However, Creator does suggest that closing the eyes may help prevent distraction, to focus the intention and strengthen the prayer, and the resulting divine response.

Source Creator, can you explain the best way to position the hands during prayer and why?

“Holding the hands in the classical prayer position with the palms brought together, with the fingers pointing upwards, was taught for a good reason. It is equally effective to simply fold the hands together with fingers interlaced to bring the palms into opposition in close proximity. There was wisdom in the instruction to do this. This creates a circuit energetically because energy flows out through the hands and so those who advocate doing prayer with hands raised upwards or facing outward and separate are creating the best stance for sending something out.

This would seem appropriate when making a prayer request to the divine, but the reality is the divine has no problem receiving a prayer request because the Divine is always listening to your thoughts and knows everything that is happening. So you do not need to make special gestures with the body to ensure your prayer is received at the divine end.

What is much less certain and less frequently experienced is some kind of feedback or response to the prayer or acknowledgment it is being heard. The reason for holding the hands in the prayer position described here, is to create an antenna that helps pick up and focus the energy of the subconscious gateway, for the non-local consciousness to sense what is incoming and amplify it. So it is much like creating an antenna for the purpose of communing, and this can help the experience feel more real and feel special.



This is divine energy flowing into you, giving you a pat on the back, in a sense. It is saying 'hello'. It is honoring you for the divine gesture of acknowledgment, much as when you make a telephone call, you and the party you reach will say 'hello' to one another as a gesture of greeting and respect.

Most times, a prayer is answered with an energetic 'hello' response that is just a positive feeling of some kind and may well not be noticed and thought of as coming from Creator, but that will happen, and it will be facilitated by this physical maneuver of concentrating and focusing the energy flow in this way. It also creates a special ritual which reminds the whole system one is undertaking serious business and this, as we have indicated, will increase the power of your intention for something to happen and will enable the divine realm to answer the prayer request more completely and powerfully.”

In this response, Creator tells us that the classical prayer position, or with fingers interlaced, has been taught for good reason. Surprisingly though, it's not because Creator demands this posture to listen to your prayers, because Creator hears all your thoughts and requires no special gestures. In reality, these hands together act as an antenna for feedback as divine energy flows into you and provides subtle energetic acknowledgment of the ritual you have performed to connect to the divine and launch a request.

Source Creator, is it important when praying to Creator to end the prayer with the word “amen” which is customary in many religions, and if so, why?

“This is simply a cultural convention that grew from the practice of the day to make a clear declaration of sending and receiving, to state Creator’s name upfront and then end with the closing word representing the intention and meaning that the thought is complete and being launched as a message to Creator. This is quite unnecessary because Creator always knows when one is addressing the Almighty and will always hear their voice, their thoughts, and the intention behind it.

When they are finished, it is apparent to us, and so we need no additional signal, as would be the case in a telegram to ensure the entire message has been conveyed and something wasn’t lost in the transmission, so the ending salutation signals this. But in the case of reaching to the divine, there is always reception. There are no problems from interference of any sort. The same is not true in receiving feedback from Creator, but that is a different matter entirely.”



Does Creator need us to state when we’re done with our prayer? The answer here is “no.” Creator knows when we are addressing the Almighty and when we are done. This is simply a long-held practice of announcing when the prayer is complete that Creator does not require.



Overcoming Obstacles to Effective Prayer

At this point in modern society, praying has fallen into disfavor, including by many religious people, other than during services of observance when prayer is part of the ritual experience. Among the reasons for this are that prayer is widely regarded as uncertain to have benefit. Turning to prayer is often viewed as a last resort, to be used in an emergency when all else has failed. These doubts seem fully justified when people commonly experience lack of results with prayer. There are many reasons for prayers to have a negative outcome.

The two biggest obstacles to prayer effectiveness are inadequate belief in the divine and feeling unworthy of receiving divine assistance. These are divine requirements in order for the divine realm to act on your behalf, and Creator will explain why this is so.

The good news is that prayer itself can be used to help overcome lack of faith, as is true for any problem. Using a prayer to address one's shortcomings illustrates that things are never hopeless. There is always a path back to the divine. It may take time, and repeated entreaties, but all great things are worth striving for, and will repay the effort. The following channeling discusses how this can be done.

Source Creator, aside from the requirements of a sufficient belief quotient in the divine, and belief in the self, what are some common reasons prayers go unanswered?

"There are many prayers that are ill-considered in some way or another. Sometimes a prayer is offered for a cause that is so large in scope, the power of one individual cannot truly make a huge difference. This does not mean prayer is futile, only that there is a need for people to come together and be in harmony and act in unison at times, especially when there is a big project to take on and there are many needs to be met involving multiple people. There are many prayers said for others at times of calamity or natural disaster. This is always a good idea to do because there will always be benefits.

It is just that the individual contribution may be modest on its own, but that does not diminish its integral importance because the whole is only the sum of its parts. Those parts had to be offered up and become a part of the total energy in order to have a sufficient energy behind

the intention to allow the divine to step in. It is no different than the election of a new leader—if everyone stays home, it will not happen. There is some point at which each person has an influence, and while the individual contribution may be lost in only considering the aggregate contribution, each has importance.



This is more the case with prayer than with voting because, in the case of the votes, an increment of one vote could switch the outcome and while this is true with respect to prayer requests, what happens will be in proportion to the total turnout. So in that respect, everyone who in effect is voting for a better outcome for someone or something is actually creating an equal portion, so all have standing and their contributions go on record and will count.

This is also pointing to another ongoing issue that many times repeated prayers are needed. In a difficult situation, one prayer may not be enough to get the job done. It may begin to shift things but then more prayers are needed to complete the work. This will be hard to know in advance but speaks to the issue of praying early and often when you know there is a need for divine help for oneself or others. Such actions are never wasted because the energy always goes to someone in need and can be repurposed to make that happen by the divine realm.

There are many prayers that are based on false assumptions and misinterpretations of the reason for things and why prayers are needed in the first place. Many prayers are based on a false perception of something being wrong or seeing a situation in a way that is inaccurate and asking for something to be corrected that is not truly the problem. So the problem goes unaddressed because the prayer failed to hit the true target.

Most people have unrealistic expectations of what the divine can do and even this sentence will strike many as odd and perhaps reflecting a false voice coming through. One of the greatest misconceptions about Creator is that we are all-knowing, all-seeing, all-powerful, and can right any wrong. While this is all true, it is a question of where and when we can carry out action on behalf of someone requesting our help. There are many, many rules of engagement to not interfere with human free agency and free will.

This is hugely constraining because it leaves the responsibility for one's life on the human involved. While we can provide a safety net, it is often only of the most rudimentary kind, ensuring the person continues living by receiving basic life support, a flow of energy, and a working consciousness to function in life at a basal level.

Beyond that point, everything depends on the individual having the right outlook, having the right attitudes, the right beliefs, and confidence to make choices and act accordingly. When people

turn to the divine, it is often in a state of resignation and personal defeat where they have all but given up hope in something turning around and then must call on the divine in a last-ditch effort to try to make something happen even though they may be skeptical of its feasibility.

The more common situation is simply one of assuming that God knows all about the problem and will know how to take care of it and the request is all that is needed. This is a vast oversimplification, and leaves the human out of the equation largely, other than simply requesting a bailout. There are times when that is appropriate and times when it is not. If we see the request means coming in and overstepping the boundaries of free will, we must still stand aside and then the prayers will seem to be unanswered. What is often happening is the prayers are being answered, but the answer happens to be “no.”



We cannot intrude where we are not wanted. We cannot override the choices people make to be weak or helpless or disconnected from the divine realm. So a prayerful intention on someone's behalf by a believer may still fall short because to act on that person's request means intruding on the recipient of the prayer. And so we may be unable to act in a particular situation.

These are all complexities that the divine realm must consider and unravel to make the best choices in responding to a prayer and factor in all of the variables to treat people fairly and equitably, and within the rules of engagement, to respect their rights and privileges.

All too often, this means underserving them from the perspective of the person reaching out to us, who may simply want us to handle everything and take care of it, without realizing there are things that they could do that would enable us to act more effectively, and oftentimes a true partnership will accomplish much more than a passive turning to the Almighty to handle the problem.

The largest area of difficulty causing a limitation in divine response to prayer requests is that in most cases, people who are suffering or seeing others suffer have very little understanding of the true nature of the problem, let alone its true origins or the best way to fix it. This lack of understanding in a deep sense, will also limit what the divine realm can bring to bear because humans are in charge and are expected to learn about their world and understand how to solve problems. If they are in a state of ignorance, the divine realm cannot simply provide a high-level deep healing because they are not asking for that to happen in a way that gives us permission.

If they are looking for simple answers in a vague way, the divine response can only be superficial. This often puts the responsibility back on the shoulders of those praying for assistance, but there is a reason why that is ultimately a benefit because it is an incentive to learn and grow and apply oneself in the undertaking.

This is what you have done in wanting to learn all about healing and putting together a description with the understanding why it is needed, with the description of as many possible sources of problems humans face, and what is truly needed to do repair, up to and including

an understanding of how the divine realm goes about this. This is a superb example of what we are talking about. The task is not impossible and not beyond human reach.

It may require participation by some who are special in the sense of having abilities to interface with us, to sort out possibilities, and get feedback, and so on. This has greatly helped you in putting together your Lightworker Healing Protocol, but others have done similar things. The main problem is very few people understand or appreciate how special the knowledge is or recognize its value because the origin is so unusual and unconventional. This is a great loss for all. Humanity needs to advance, and this is the way it will come about—through divine help—not solely human creativity on its own.”

In this last response, Creator identifies many factors that will restrict or block the ability of Creator to provide the answer to a requested prayer. Some of those limitations are:

One person’s prayers are not enough to make a huge difference. A single request for peace is not enough to overcome a million demands for war. However, the single request combined with others may have a greater effect.

It may require repeated prayer requests to create a positive result.

Often, the requester does not address the true cause of a situation. If someone seems trapped in poverty, that may have karmic roots and is experiencing poverty as a form of repayment. Requesting healing of the related karmic issues may be more effective.

The rules of engagement regarding free will and free agency can greatly restrict prayer response, including the beliefs of the recipient. If the recipient believes they are being punished with poverty, or don’t deserve the comforts of life, Creator must let that stand. A prayer to help someone see themselves as worthy may be a better request.

Source Creator, what types of prayers may be inappropriate or unlikely to be acted on?

“Any prayer desiring a negative outcome for anyone will not be acted on by the divine realm. Worsening something is not divine and is not an answer. The desire for revenge or even to restore something by taking it away from another begins a kind of slippery slope adventure that can go badly. So we recommend requesting help and not retribution through any prayers seeking harm to others, even mortal enemies who are a threat to your existence. It is simply non-divine to pray for destruction. The divine answer would be to change their hearts, to open them to love so they no longer need to be oppressors or a threat. This solves the problem quite nicely and will rescue them in the bargain. This is a win for all involved because it brightens the world. Getting a perpetrator out of your neighborhood is a short-term solution, but simply shifts the problem elsewhere. And as all are in this together, there will be repercussions felt down the line for everyone else until the problem is truly solved.



Prayers requested out of greed or an ego need to be elevated in some way above others, will also not be honored because it is simply not highest and best to empower people to pamper themselves in this way and create a distortion, a rewarded distortion of thinking, that in the end will separate them and isolate them from fellow humans. This is the price of ego gratification—in elevating oneself it creates a separation. There will always be consequences and it is lonely at the top, as the saying goes, for this reason. So the divine realm will simply not add to human folly by acting on ill-considered wishes.

There are also, at times, problems when prayer is done for negative reasons of great fear and doubt. This gets into the area of beliefs, but all may find their beliefs being challenged when times are in crisis and people are pushed to extremes they never have experienced. This can truly be a test of faith and some may buckle under the strain and give in to their fears. Being in a state of extreme fear is not the best time to launch a prayer request, so we are not saying to not do so, only that if one desires safety, the best advice is to make prayer requests for safety often, and especially at times of calm and inner strength, because those prayers may carry the day when one is weakened through fear. And then a rescue can be undertaken on the strength of the prior prayer requests, even if the person in the moment is reduced to a quivering mass of nerves and cannot stand strong.

Cultivating a view of Creator as a partner makes good sense with regard to all of these issues of self-worth and inner strength. When people are trained to be humbled in God's presence, this is a disempowerment that will spill over into many areas of their life and will influence the power of their prayer requests accordingly. If they are done meekly and hesitantly as a supplicant, the level of intention behind the prayer will be low and the divine realm can only respond in equal measure, and the prayer will be less effective as a consequence. This, in effect, has been pre-decided by the person making the prayer request. They have already assigned the ranking and value of their own prayer request to be low and the divine realm must follow their lead.



The wisdom of partnering with the divine is to cultivate self-empowerment by feeling more of an equal. You are not the equal of Creator nor will you ever be, but you certainly are worthy of divine attention and support and are worthy of seeing Creator as a friend and partner in life. We do not have to be equal to share love and companionship. This is

certainly true of parent and child. They are far from being equal in many tangible respects but still love one another and are bonded together quite strongly and help one another in many ways despite their differing capabilities. It is because they are working in harmony and have a mutual interest. This can be true for you and Creator working together. It is your choice. We will always say 'yes'."

How many times do you think we have prayed for revenge, retribution, or harm to others? This segment tells us that “Any prayer desiring a negative outcome for anyone will not be acted on by the divine realm.” It can be no surprise then, when such prayers go unanswered. Prayers that work bring love to someone, in some fashion. A request that may be answered would be one that asks the Almighty to change the hearts of enemies, to open them to love so they no longer need to oppress or threaten others.

In addition, prayers launched out of greed or an ego need to be elevated will also not be answered. That certainly lends itself to closer examination don’t you think? When you pray, maybe you need to consider the outcome you envision. Will you “show them”, or “prove them wrong” or “make them sorry”? That’s a good test of your intentions in your prayer request.

Finally, prayers done at times of great fear and doubt are not the most powerful. In crisis, one feels meek and vulnerable and the divine response must be equally weak. When we strive to partner with Creator and see ourselves worthy of divine attention and support, we receive more of that divine attention and support. We do not need to be equal to Creator to work together or to obtain divine help.

Another factor in effective prayer is our belief quotient. Until now, this has been unknown to most of us. In the later chapter entitled Creator’s Recommended Daily Prayers, page 28, Creator gives a detailed explanation of why it matters and how to use one of the recommended prayers to “Raise the Belief Quotient in the Divine and Oneself.” You will learn Creator’s perspective that “All have standing, all are valued and all are loved.” If your prayers seem unanswered it is not due to a lack of belief by Creator—in you!



New Revelations for Empowering Prayer

In the following chapter we learn that our prayers not only empower ourselves, but the actions of Creator as well. The more we learn about the dynamics of prayer and how our own beliefs and actions impact the results, the stronger our partnership with Creator becomes.

At this point in modern society, praying has fallen into disfavor, including by many religious. Source Creator, can you help us understand the importance of making repeated prayers to receive divine assistance for a particular need? Does it help to keep asking?

“This is a very helpful instruction because the divine realm, as you know quite well, has many constraints and works on its own time frame to help things come about. There are many things governing when and where divine realm can intercede. Sometimes we must wait for an appropriate opportunity to intervene. Sometimes there is a lack of readiness. Sometimes the object of our attention and the source of greatest need is obstructing the possibility of divine help, from distorted beliefs or an inability to accept change, or for other reasons, and then we are powerless to make things happen just then.

This might change over time with a softening up, and if not a more desperate need, a willingness to reconcile with the practicalities at hand and finally deal with a difficult situation in earnest for the first time. It may be late in coming, but may open the gateway to having a divine resolution to make things work out favorably after all, because the average person will not know the origins of their dilemma even for themselves, let alone for all others who may be involved in a particular situation or problem. They will not be able to see what may be needed to allow the divine realm to do the utmost possible for giving assistance.

Many times, the one offering the prayer is the greatest obstacle to receiving divine help and has no perception of this, nor how the dynamics work, and so is unable to do anything to increase their chances at the outset. It may take lots of work around the edges to gradually chip away at sources of resistance to reach a point where that individual will be able to pray more effectively—either through an increased belief quotient or the removal of some inner roadblocks that would slow things down and have kept the answer and solution at bay, so to speak.

There is a launching of energy in making a prayer request. With repeated requests the energy becomes amplified and the initial request will not have evaporated. It will still be there if it has not been answered. This is like all of human thought in the collective—it persists until something negates it or cancels it from the original thinker—in other words, it can be recalled. This is a housekeeping function of the divine realm to help sort through these energies to see what involves the divine realm, and what does not, and to see what may be out of date or negated by a shift in perspective, and then the divine realm will assist the pool of consciousness to do some cleanup and remove conflicting energies and obsolete notions that no longer serve. This is a divine gift of Creator to continue seeing that things run smoothly in the universe. Until all obstacles are removed, it is of value for someone using prayer to keep requesting prayer for those things most needed, because it keeps the intention going, and will be noticed again and again by divine realm, and then attempts are made to see what can be done, and it may be that some time is required before things are in alignment to allow acting on a particular prayer request. If this has been repeated, it will help all the more to keep it on the front burner, so to speak, and to have a high degree of intention and therefore interest and therefore relative importance in surveying the landscape and ordering priorities.



It is no different in the workings of divine realm that he who shouts loudest will be noticed first. This is simply physics in action, not a divine decree or a divine judgment. This is also not to say that the faint will not get noticed. We are talking here about adding urgency to things and adding a greater intensity to one's desire. To keep things in balance to respond in proportion to the energies of an idea is simply the way things work.

So, if you wish to have the greatest possible support and influence in getting it, repeated prayer requests will ensure you and your desires will not only be noticed but given careful attention to have a higher priority than many routine things prayed for out of habit and rote that are not so urgent.”

Here, we have found that the divine realm has many constraints upon when and if it can act in response to our prayers. The appropriate opportunity must arise, there must be readiness for a change, and beliefs must allow this change to happen, among other things.

Sometimes the passing of time allows the request to change enough for the divine to put together a practical solution. If over time, you would be content with more living space in your home, rather than owning a mansion, there are fewer obstacles involved, and the possibility may increase.

In addition, repeated requests help the divine realm to assess which appeals are still active. It will keep them on the priority list, display strong intention and interest, and keep the divine realm looking for opportunity to act upon them.

In the previous question we learned that repetition strengthens a prayer request. Now, a cleverly-worded question allows Creator to tell us how to automate the repetition. This is an important breakthrough in the power of prayer.

Can we use the approach to ask for repeated assistance in regular prayer requests for help, to invoke repeated divine intervention to take place until a problem is solved? Will that empower prayer requests significantly, as it does for our Lightworker Healing Protocol?

“This is a beautiful, creative insight and is very much the case. It is quite feasible to make a prayer request with a message to act on that request repeatedly until the goal is achieved or the problem is solved. And that empowers the divine realm to maintain the energy often needed to make a difference when there is a serious issue ongoing, especially one with deep karmic underpinnings that are always more complex and time-consuming because of the need to address so many entanglements, and not cause disturbances to others not directly addressed by the prayer. It would not do to help someone by worsening things for another. So the unraveling of karmic consequences of many, many persons is quite a demanding and complicated maneuver and that is the reason prayer requests often take quite some time to manifest.



A successful resolution will be more likely when there are built-in requests for continued diligence. This marks the prayer with a much higher level of intention and sets it apart quite specifically from the many prayers that are a one-time thing—where there is concern in the moment because something comes to a person's attention and they will launch a prayer and then will move on with their life and perhaps never even think about the issue again because perhaps it does not affect them personally. Their prayer request would be much more powerful and effective if they launched it with their concern of the moment with a further empowerment for the divine realm to keep on the mission until the problem is solved as a specific aspect of the request. This will enable the divine realm to keep going regardless of whether or not the person launching the prayer thinks about the issue again.

Many prayers will sputter and die out because they are no longer supported by intention. This is a very complex subject and has many complex factors involved in the equation. But in general, there is a kind of rank order in the energy applied to prayer requests to match in some respect the energy of the requester, how many may request the same thing in parallel, and so on. That intensity of the intention, as you can imagine, is highly variable and depends on the individual and many aspects of their makeup, including their belief quotient and belief in themselves.

These latter limitations as well can be compensated for to some extent by including a request the divine realm simply keep at the task and revisit it again, and again, and again. In this fashion, when there are other limitations present, more in the end will be accomplished by the repeated application of divine intervention than would be the case stemming solely from a single request at the outset. Many requests with weak intention will accomplish more than a single request with weak intention, in the same way that many requests with a powerful intention will accomplish more than a single request with a powerful intention.

So, in effect, what is being requested here is for the divine realm to start anew on a repeated basis with whatever frequency is specified, and at that point, for each initiative, will go back and survey the initial request and the intention behind it, and that will govern the reach the divine realm can implement to address what is desired by the requesting human.”

What powerful information! We can include within our prayer a request that the divine realm continue to work on our issue until it is resolved. This allows the divine realm to maintain the needed energy to reach the goal or solve the problem. The prayer is then marked with a higher level of intention, which increases its ranking within the many requests in process by the divine realm. Other ranking factors include the energy of the requestor and how many are requesting the same thing. In all cases, many requests, whether the intention is weak or strong, will accomplish more than a single request.

Can we effectively eliminate the “red tide” caused by poisonous algae through a prayer request, or using the approach in our prayer to ask the divine realm to do repeated healing outreach to Gaia until this menace is eliminated?

“Indeed, this complete description of what is wanted would be an ideal prayer request, in and of itself, because it leaves nothing out. It states with conviction the complete resolution of the problem being the desired outcome, and requests the divine realm to attend to this as an ongoing problem with diligence to see it is brought about. This is a far cry from a prayer just asking for the algae to go away or to have the algae taken away. The question then becomes: how much, and for how long, and how widespread an area is to be included in the cleanup? With so many loose ends and ill-defined criteria, the divine realm becomes rather powerless to make much of anything take place. It is much like saying you want something to happen but not saying in detail what it is. Even though it is in the category of algae cleanup, such a prayer will get paltry results at best and there will likely be no perception of improvement by most people affected by the problem.

This is why instruction in constructing a meaningful and powerful prayer request is sorely needed. There are still so many misconceptions because of poor understanding in how the divine realm answers prayer requests and how the divine realm operates in general. So this upgrade to prayer effectiveness will provide further teaching value for people in doing better in helping themselves and others through prayer.”

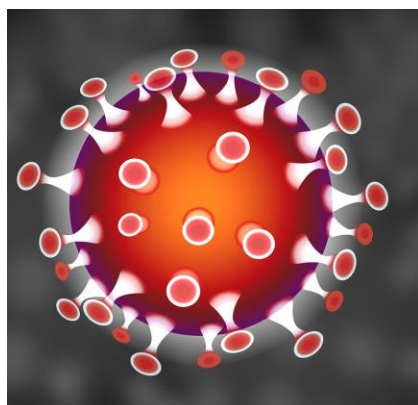
COMPARING PRAYER REQUESTS FOR RED TIDE ALGAE BLOOMS			
Typical Prayer		Empowered Prayer	
Request to:	???	Request to:	Divine realm
Problem:	Who are you asking?	Strength:	Divine realm is specifically requested to act.
Target:	Red Algae	Target:	Poisonous "Red Tide" Algae
Problem:	Which algae? Is there more than one red type?	Strength:	Very specific
Request:	Make algae go away or take algae away.	Request:	Repeated healing with Gaia until eliminated.
Problem:	How much? How long? From where?	Strength:	Continuous until gone for good (from Earth). Frequency and end results are clear.

Was the recent Hurricane bearing down on the Hawaiian Islands turned to circle away before making direct landfall by divine intervention in response to human prayer requests?

“As you saw intuitively, this is very much the case and is an outstanding example of the power humans hold, but do not often realize. If more would have participated, there would have been an even more dramatic lessening. The take-home message here is, people need to pray early and often for things of great importance. Their prayers will be heard and acted on in proportion to the requests and the component strengths and weaknesses of the requesters.”

Creator shares with us a confirmation of successful prayer requests. We are also reminded that more requesters, launching requests early and often, make for even better results. This reinforces that **multiple requests and many voices**, increase the energy and thus the priority of the request.

Can Creator help the world solve the problem of the coronavirus COVID-19 epidemic?



“This is an unnatural scourge and does not have to be present. It is not part of Creator's plan and as such any prayers for assistance will be answered and we will do everything possible to assist anyone in danger. This is not to say we can turn the tide and save everyone. Each person is different in their makeup, in their background, in their spiritual standing through their own choices to believe or disbelieve, to honor and respect the self or to have a low regard for the self and thereby become vulnerable. So we cannot control everything in the world because it is your world to run and each human has a role to play and an individual makeup and trajectory for the current lifetime.

We are always available if asked and there are many things we can do for people when our assistance is requested. It will not be possible to completely eradicate this organism and prevent all negative effects unless more prayer is mounted than heretofore, but we can be active, particularly so in protecting those who pray for assistance and to be kept safe. If it is done in a heartfelt way with confidence of the self-worth, the prayers will be acted on and those people will be protected from harm. It is as much up to you yourselves as it is to Creator to deal with this scourge.”

Will it be more effective to use prayer to request removal of the coronavirus COVID-19 from our planet altogether, as opposed to simply asking for protection from infection by the virus and healing of those infected?

“This is a brilliant idea you have here. There is a night and day difference in the do ability of these two potential preventive measures. Keeping people from being vulnerable to an infection is sometimes challenging for the divine realm simply because of free will choices to be weakened, to be vulnerable, to be unguarded, to be in harm's way, and to be beyond help even from divine grace. Those who have developed negative God beliefs or feel themselves unworthy of receiving help, that they are trapped in their life and doomed, in effect, with their self-abnegation, their dark wishes for personal suffering and in a downward spiral, this still must be respected and allowed by the divine realm to honor their free will choice to suffer.

On the other hand, a harmful organism is much easier to eradicate at the delivery stage rather than preventing or even curing an ongoing infection. People who are ill suffer the same difficulties when the divine realm may be hampered in their ability to come to the rescue, because people themselves, through prior karmic events often involving chronic infections or fatal infectious disease in other lifetimes, are primed to have low expectations of recovery, and in fact their bodies might be configured with their genetic makeup for them to be fragile and easily succumb to infectious illness in the current life as a karmic liability. So attacking the problem on the front end to have the virus removed so what is delivered to the population by those spreading the microbes is actually virus free, would be a very elegant way to slow down the spread of this scourge and potentially eliminate it altogether.

The extent to which this can be done will still depend on human energy to make a sufficient sized request to enable the divine realm to go to bat for humans. The virus itself is a scourge and an interloper that does not belong, so this is a point of vulnerability here, that we can more easily neutralize a weapon with the intent to cause harm to humans. It is analogous to being on a battlefield and then having the invaders brought up short because their guns jammed and their rockets fizzled, so the lines of thought here are excellent in parsing the difficult situation to identify its weakest link. A focus on removing the virus from the planet could be a powerful and effective rallying cry to enable humanity to prevail even though they are under a very, very dark cloud at the present time.”

"Source Creator, each and every day, remove or render harmless all dangerous viruses from myself, my loved ones, and then from all infected beings and the Earth as a whole, apply this prayer again and again as needed to help to keep everyone safe, and restore well-being to the afflicted."

In the first question regarding coronavirus, Creator lets us in on a little-known secret. It seems that there is a difference in the energy that can be brought to bear against an "unnatural scourge" versus one of "natural" or divinely-created origin. In this case, divine assistance is still limited by human belief and sense of self-worth, and by participation from the human side in the form of prayer.

We learn that human request for removal of the virus allows Creator to stamp it out *before* it reaches victims, while avoiding the limitations imposed by human free will or karmic history. Creator reminds us that the virus is an interloper and does not belong (here). That detail and the preventative nature of the request allows the Almighty greater freedom to act on our behalf. Even with these advantages, the success of this action to slow down or eliminate coronavirus will still depend upon **multiple requests and many voices**.

If we add the words "each and every day" to all of your suggested prayers, will that empower them significantly to have the prayer acted on every day in perpetuity, at least throughout the current life?

"This is very much the case, and that is why, as you have noticed going back and looking at the list of prayers we have offered you to pass on to your fellow beings, the first two included these words but not the rest. That was to give humans every benefit in having these two most important prayers, those for cultivating the partnership with Creator, and safety, include the words inviting daily involvement. Beyond that we could not go, without your learning and awareness of why that distinction exists and whether it matters. This you are now addressing with your new awareness of the possibility to unleash divine power on a regular and perpetual basis. This, in fact, will happen as you now envision, with the simple inclusion of those words.

Everyone understands life consists of a series of days with new demands and adventures and opportunities for growth or mayhem. So the idea of the partnership can carry through with respect to all activities engaged in by humans, with a simple request being made. The one exception is the meal prayer because it is situational and specific to each act, and this you see as a distinction, but as we speak about this you are rethinking things and wondering if that, too, can be done proactively by including each and every meal, and this in fact can happen. There is no limit to divine reach, so in extension, there is no limit to the reach of human requests in how they can be configured and administered. So you can put something for those individual situations into place to cover them automatically as well."



This question is an excellent example of how Creator waits for our awareness to expand before offering more information. In this case, the possibility of “inviting daily involvement” was not included in every suggested prayer. Creator waited for the questioner to wonder if this was possible with all prayers, before stating that it was indeed possible.

If a prayer requesting daily help with something is launched, will still repeating it on a daily basis add anything to the effectiveness?

“This is very much the case, because each and every renewed request adds additional intention with your personal energy behind it. This will be added to all prior prayers that were launched with the intention of the moment. The consequence of this is that they can be summed together so each prayer becomes not one, but two, then three, then four, then five, and so on, adding an additional increment of personal intention with each repetition of the prayer. They will gain in power accordingly, and reach, and anything not needed will help others. So this is a fine idea, indeed.

In addition, it serves to keep the partnership going and in mind for all those things that might come up on a unique or unexpected basis. When there is a threat or stress of some kind, it will be much more likely that a person will think about involving Creator to help manage things if they are engaged in a daily ritual of making prayer requests for many things. It will then be second nature to turn to the divine partner in a time of need, and the sooner the better is a good rule of thumb, because it is easier to prevent things than to undo them.”

Creator has the power to do anything. Humans do not. The biggest limitation on prayer is that it is only answered in proportion to the spiritual reach of the individual human launching the prayer. Humans are in a state of relative disempowerment, being in physical form as opposed to their light being origin. Their reach with a request to the divine will be diluted according to the number of intended recipients. This is the basic reason one person cannot save the whole of humanity with a prayer, even with repetition. Similar prayers *are* added together and acted on by the divine realm, but because they are weak individually, many must be launched to get much done this way. Most of the time, too few are praying for the same thing to have a large impact quickly.

The solution we thought of and confirmed with Creator is a breakthrough. Because the energy of the prayer, once created, remains in existence, Creator can be asked to reference and apply each single prayer over and over, to chip away at the huge unmet need for healing the darkness as well as humanity. So we request at the outset to have Creator’s Recommended Daily Prayers be applied to all possible targets, but done incrementally in groups of a small enough size for the healing to be fully effective for each recipient, factoring in the belief quotient of the one praying and the magnitude of the job. For further empowerment, we ask that all similar prayers be pooled.”

Will the following request when using the *Creator’s Recommended Daily Prayers* be acceptable and effective: “Source Creator, apply the following prayers each and every day, to myself, my loved ones, and every being everywhere, in all time domains, in

increments proportional to my spiritual reach, so no one is underserved and all are covered, eventually. Pool the intentions of all who use these prayers and apply them to augment the power of each incremental prayer launched by each individual?”

“This will work quite nicely to achieve what you intend, to augment the prayer power, particularly through creating an aggregate of intentions that will empower each prayer offering to make the most of it and get the fullest benefits for all potential targets. We understand this is leaving out some of the detailed targets within the Lightworker Healing Protocol, such as Gaia, the explicit mention of ETs, other recipients within the Milky Way Galaxy, the Ether, and all of Time, for example, but this becomes quite esoteric for the average person drawn to you to learn more about prayer empowerment. The simple description to “target all beings everywhere” can certainly be stretched to include almost everything because, in a sense, everything is a being of consciousness and certainly applies to all spirits and extraterrestrial beings, in addition to humans.”

Can we ask that all our prayers, as well as the recommended daily prayers, be pooled with similar prayers launched by others? What is Creator's perspective?

“This is a good general idea when making a prayer of any kind that has wider applicability to others in a similar situation. That will almost always be the case, no matter what kind of misfortune is being addressed, there will be many others sharing a similar dilemma for whom prayers may well be launched. So this is a gift to the universe in giving permission for your prayer power to be shared by others. This is the purpose of the preamble to *Creator's Daily Recommended Prayers*, so the general idea is one can use that preamble in each and every circumstance when prayers are launched, so that preamble can simply be worded to have universal coverage for all prayer work one is doing and will do. There are many rules about pooling similar intentions; the divine must be fairly precise to not overstep boundaries when that is not a clear intention of those in prayer even though they might be praying for something similar. So it is not a given that many individual similar prayers can be pooled readily, but when that is possible the divine will do so because we have the latitude to honor the intention, in a wider sense, at times, particularly if that individual has had a wider perspective previously, and concern for the greater good, so that can be borrowed upon to extend the prayer application to a pooled effort.”

Will the following revised preamble to Creator's Daily Recommended Prayers be effective in allowing pooling of all prayers made by anyone, with all similar prayers launched by everyone through all time domains: “Apply all my prayers each and every day, to myself, my loved ones, and every being everywhere across all time domains, in increments proportional to my spiritual reach, so no one is underserved and all are covered, eventually. Pool and apply the intentions of all similar prayers everywhere, to augment the power of each incremental prayer launched”?

“This will serve quite nicely as a general preamble for any and all prayer work. The desire for benefit is a lofty notion that is in divine alignment and leaves to the divine realm the mechanics of deciding what can go where with regard to the pooling, for maximizing the widest possible benefit.”



Creator's Recommended Daily Prayers

Raising Belief Quotient in the Divine and Oneself



Source Creator, can you please suggest a prayer for divine help to increase a person's belief quotient as well as belief in themselves so their prayers in general will be more effective?

"This is a very worthwhile prayer because it addresses a central issue and dilemma people face when turning to the divine realm for answers, and especially for help in times of need. If a person has neglected their spiritual development, the time to turn to God is not in a crisis because the because the groundwork has not been laid, the belief quotient may not be in place, the emotional stake in things is too high to remain calm and clear minded and to

allow an open state of being, and not constrain what happens through fear, or doubt in the self and one's worthiness, and so forth.

Many, many people at this point are not in good shape to make effective use of prayer to the divine. This is a consequence of many, many years of suppression and subjugation, to make people disenchanted with religion by corrupting it and darkening many of the precepts, and people will turn away realizing this is false, and in reaction may throw the baby out with the bathwater, so to speak. They will sense intuitively that the teachings are not divine and will begin to feel like they are worthless and misguided and then there will be no turning back in many cases.

So we can tell you that the best way to pray and get answers is to practice and develop a natural and relaxed and loving interchange with the divine on a regular basis. There is no need for shyness or hesitation. All have standing, all are valued and all are loved. It is perfectly fine to pray regularly and at frequent intervals if desired. This will do much to help develop faith because anything done routinely becomes second nature and those are the things that become truly effortless and are done easily, and accurately as well.

This is true in athletics for example, where athletes will practice and practice and practice the same maneuvers over and over again. It pays off at game time when there is a lot on the line,

so to speak, and they must perform to carry the day and if they have not practiced and grooved in those series of operations, they will not perform reliably, and their emotions will be more likely to interfere, and mistakes made, and then they may lose against the competition.



The same is true in times of difficulty. If one is used to prayer and it is second nature, it will remain so in handling a crisis, and then the outreach to divine realm will be easy and swift with no inner resistance, and no inner restrictions from doubts and fears.

So we applaud the question because it is quite important in view of the large numbers of people who are cut off effectively through their own choosing, in turning away from their religious practice. And, of course, even those remaining, practicing in their faith, are often following corrupted doctrine and will be using prayers that are ineffective and will disempower them because the words and intentions are faulty.

This will only be corrected through growing better understanding of how things truly work and the study of our channelings will help greatly with this. It will enable people to see things through different eyes that are more sophisticated and discerning, so defects and deficiencies will be noted and then the prayers desired can be modified, and often not by so very much, to remove a roadblock or limitation that otherwise would render the outcome quite uncertain, or virtually impossible to achieve a useful result. So we would suggest people make a simple heartfelt request through prayer:

'Source Creator, raise me up each and every day to feel divine love, to open to divine love, and to express divine love through me in all I do.'

This is quite a simple statement and is, in a sense, a generic request because it is using and focusing on the common denominator, both of cultivating a relationship with the divine as well as the energy desired from the divine in the form of both healing and enlightenment. It is love energy from Creator that will serve the person to give them empowerment to be effective with their lives. And this includes engaging the divine realm and allowing them to be effective in what they are requesting, by receiving what is intended and often greatly needed.

So a simple exercise to request being open to love accomplishes many things potentially and serves in the exercise itself to work those muscles of connection—to desire a dialogue, to desire a communication to be heard, and to desire an action in kind that has been requested, and also a result within the self upon receipt of the divine gift.

All of these elements are encompassed in one short, very simple request, and this also serves as a kind of conditioner and a way of helping the person stand strong and to be less stressed in their day, by focusing on a higher vibration and a higher outcome, and this as well will flex the right muscles, so to speak, in using the prayer apparatus, and the plan as well is put into motion as to what is desired and what will be done with the energy that comes as a response to the request.

So this is something that has value on an ongoing basis. It is not a specific request for a specific event, or specific physical change, or something that has to happen on a particular date and time. It is an all-purpose lifelong need to be in the flow of love, and to feel the effects, and to be in harmony. If this is accomplished all else can be accomplished as well.”

Now, Creator shares a little more about why times of need are not the best times to launch your prayers. Did you notice that there is no criticism for not praying? We’re simply told that our state of being may shut down the response process. If our belief quotient is lacking, or we have fear, or doubts about our worthiness, Creator may not be able to respond as we desire. Remember that Creator can only do what we allow.

It seems that practice is the best way to build a strong prayer connection to Creator. The process will become natural and relaxed and will remain so during a crisis.

At the same time, we are reminded that the prayers we may have been taught through religious practice may be faulty and unreliable. We need further understanding of how things truly work.

With a short prayer, Creator provides a method to cultivate a relationship with the Almighty through opening a dialogue, being heard, receiving and sharing divine love. That’s a very powerful outcome for so few words.

Saving Oneself and Humanity



Source Creator, is there ONE prayer that can literally save humanity and the world, if we can simply get enough people to repeat it sincerely, something that can be spoken by people of any religious background, people who differ not only in race and culture and upbringing, but also intelligence and comprehension?

“Any such compromise will truly be a compromise, so you are asking the impossible in a strict literal interpretation of your question. There is too wide a spectrum to incorporate everyone under one small umbrella. The intent of the question is not unsound and for the practical

application you seek it is wise to consider the importance of each and every word of such a prayer request to do the best one can. So we would offer the following:

'Source Creator, be my partner in life each and every day, to keep me focused on love, receiving and giving, both to myself and to all those around me.'

This is the essence of our message. As love is the currency in all healing, and as healing is the answer for the threats to humanity, a love-focused prayer will allow us the broadest possible reach and latitude to assist all those who make such a prayer request. For serving them in a way highest and best would certainly encompass helping them to survive an unexpected eventuality, unless there is a prior alignment with these dark forces in some way. That is, in fact, the case for many current humans. Although for the most part it is an unwitting association, they are nonetheless under the spell, so to speak, of the darkness, and their focus and vibration render them unreachable even by Creator's love.



This is where you come in—to spread the word. Humans have a personal responsibility in seeing to their own circumstances, and in particular their own healing, especially when it comes to enlisting the aid of the divine realm, so they are truly ready to interact with us with the requisite belief quotient, not just the right words, as that will be the greatest impediment.

Second to that is the limitation inherent with their inner negativity towards themselves—to believe their worthiness to have a divine intervention just for them is a great leap and a practical gap for many in receiving divine help at all. Some coaching will help with this, but as you understand, many will need deep healing work to enable them to participate in a meaningful way. That cannot be addressed through a simple broad prayer request outreach or teaching outreach. But the more people who make the attempt, the further the gains will be made in the Shift in Consciousness. And even those functionally not ready can begin a process of healing to head in the right direction, and that may pay off in the future.”

In this prayer for saving oneself and humanity, Creator tells us that healing is the answer for all that threatens humanity and that love is the currency in all healing. This is why the prayer for saving humanity is so similar to the previous prayer for raising the belief quotient. Love is the answer to any problem. But because the divine realm always follows the intentions of the one launching the prayer, this specificity sets the agenda to be carried out.

We are also told that humans have responsibility for their own healing, with the help of the divine realm. Where beliefs about unworthiness restrict divine ability to provide healing within a broad outreach, deep healing work is needed. When personal healing is not possible through this prayer request, the effort still helps to progress the Shift in Consciousness.

Can you give us a good prayer we can add to the list of recommended daily prayers requesting healing for the darkness/perpetrators/evildoers? We understand the general love prayer you gave us before is to help save humanity, but isn't there value in also having a focused prayer for this purpose to help make the problem more visible?

"Indeed, your instincts are good here, that more in this case is better. It is analogous to the requests you have made to have protection with respect to everything ingested in air, food, and beverages, but yet having a separate prayer to deal with viruses, heavy metals, and other poisonous substances present at harmless levels to be removed. So this indeed would accomplish both objectives, first to show the world this is a problem needing to be addressed, and then to give a working tool to counter the threat it brings. So this could simply be: "Source Creator, work each and every day to bring healing for the darkness in all its forms, to raise up the perpetrators so they stand down and free the tormented, and apply this prayer again and again for the betterment of all subjugated victims and the betterment of humanity."

'Source Creator, be my partner in life each and every day, to keep me focused on love, receiving and giving, both to myself and to all those around me. Bring healing for the darkness in all its forms, to raise up the perpetrators so they stand down and free the tormented, and apply this prayer again and again for the betterment of humanity and all subjugated victims.'

Source Creator, would the Lord's Prayer be more effective if you gave us an accurate and current interpretation of its intended meaning and benefits, so peoples' intentions could be in better alignment?

"There may be some value in having a tutorial on the Lord's Prayer, but it has the limitation of the religious origin and association that would limit its being embraced by all. That is why we came forth with a more basic love request, as that is truly generic and the common currency of all human endeavor, and indeed the workings of the universe at every level.

All that exists is an expression of the flow of love in some way or another. So it is not in any way a dumbing down or simplification of things. It is quite the opposite, because love is truly

profound in its true depth of meaning, and the content of its essence. It holds everything within it and this is why it has such power. All things spring from love, so all things needing healing, needing support or encouragement, or representing a novel creation, were already contained in love prior to their expression, and continue to exist as a form of love in the manifestation and its consequences. This is why love is the ultimate power.

So a prayer about love and the implementation of love is very much on a par with using nuclear weapons as opposed to conventional ones, to make a metaphorical reference to the frequent activity of human in how power is often misused, but for which the extent of power has great practical significance in achieving victory. In this case, what you seek is a victory for love in a healing sense, and that is no less in need of a powerful weapon, so to speak, but we can assure you that love fills the bill.”

Protection

Source Creator, we want to be empowered to run on all cylinders to the greatest extent possible for the GetWisdom.com project. Can you provide a prayer for us to use on a daily basis to bring MAXIMUM divine assistance and PROTECTION as we work against the forces of darkness?



'Source Creator, partner with me in our lives each and every day to keep me safe, to guide, heal, support, and protect against all who oppose bringing forward the truth of the divine.'

Can you give us a recommended prayer for people to use to freely donate their intention for the saving and healing of humanity to be used in helping the collective effort underway by the divine realm to support our Lightworker Healing Protocol work?

“As we have told you, the general prayers are quite generic so people can be in alignment with the healing of divine love without having to know all of the whys and wherefores, the specifics of what may be needed, and the precise details of what is underlying the problems they may be aware of that always have deeper origin and significance. Adding greater specificity to the equation is always a good idea because it will make things go smoother and will provide, in some cases, a more powerful follow-up because the intention is focused more keenly in desiring something to happen that is more specific.

So there are pros and cons here always. Many times, the broadest possible prayer is advantageous because it has the greatest range of applicability and so will serve many, many needs because the divine realm can apply it in so many differing ways to accomplish objectives, whereas a narrowly focused prayer confines the reach to the narrow terms of the offering or

the request as the case may be. So you can simply state: “Source Creator, accept my gifting of intentions to serve others in the way highest and best through the divine realm,” and this will be sufficient. It indicates that the gifting is to Creator for the intention of the betterment of something and then the discretion is left to Creator to deploy the intention in service to the highest good—this need not be fancy, it need only be done and on record.”

Will this prayer sequence be effective for requesting protection from the divine, while giving some specific examples to show what is useful to pray for, like minimizing bad weather, but also keeping broad categories to include coverage for the unexpected or unusual, like an asteroid collision:

“Source Creator, partner with me in my life each and every day to keep me safe. Protect all in harm’s way by reducing or eliminating all dangerous weather, and all natural and unnatural disasters. Guide, heal, support, and protect against all who oppose bringing forward the truth of the divine. Accept my gifting of these intentions to serve all beings everywhere in the way highest and best to save and heal them through the divine realm.”

“This is a nice combination that will work quite handily to bring together all the components you wish to see happen: general safety and with some specificity to have people aware they are at risk from the weather and natural disasters, as well as unnatural things that can happen. They may well envision that is including disasters that are human caused, like accidents. It also explicitly points to outside perpetrators as a potential culprit and a menace to safety. Even though people might assume, strictly speaking, this will be human evildoers, that does not preclude the divine realm from applying their prayer to other species of beings, namely, the extraterrestrials or dark spirits for that matter, and these are very much a threat to well-being and human survival. But certainly, all forms of malicious mischief, including criminal activities, and so on, are a significant problem of society. So this prayer will encompass the large gamut of things that are known to you and will keep people focused on the issue of safety as something that is their responsibility to request if they want divine assistance. And lastly, to have this broad request for assistance gifted for application to others is a beautiful notion that will pay many dividends in spreading the benefits far beyond the individual. So this will work as intended to provide all of these benefits, to the extent the intention is heartfelt and in alignment with respect to belief in the divine and the self.”

Source Creator, can you recommend a prayer of protection suitable for children?

“We like the time-honored prayer you have in your document to clients, to teach their children, and already impulsed you, that they could substitute being watched by heaven through the night, rather than the angels, if that term does not resonate. So, this very prayer, would be our first recommendation. And the reason is because so many have heard it already, and will respond favorably to the language and the tone, and will feel comfortable and are more likely, therefore, to put it into practice:

'Now I lay me down to sleep, I pray the Lord my soul to keep, Heaven watches me through the night, and wakes me with the morning light.'

So, to explain how this can be used with some variation, more in keeping with their particular religious practice, is perfectly acceptable, provided it is clear within the prayer, that it is speaking to the highest, and most divine realm for help. That is key. It will not be effective if it is only a vague desire for safety, without invoking a divine agent, to see that is done. This is the great failing in people being disconnected from thinking about the divine realm as being an active partner in potentially every human endeavor.



This is never more critical than in the question of safety, especially the protection from interlopers, and the many things they can do to cause human suffering. While we teach about the value and power of specificity in prayer requests, there are limits for a child, to say something more complex and have an understanding as well. Even as children, their prayer will only be effective to the extent they have a true intention behind the words. So teaching them a complex series of things to say, for which the child has no true understanding, much as they would say something in a foreign language, phonetically, without knowing the translation, would have no meaning, and would have no ability even to invoke the divine, as there is no human intention, and therefore, no human request behind saying of the prayer.

This is one case where simple is best. And that is acceptable because children have to start somewhere, and this is well understood by the divine realm, that children will be limited in what they understand, and the scope of their reach. And intention will be limited as well. Children, therefore, are accorded more latitude because they are helpless in so many ways. But they too, must take an active role in their betterment via divine partnership, to the extent they are old enough to do so.

This, in addition, has teaching value, to acclimate them to such a process, where it will be accepted and feel like second nature. This is how all of culture and values are handed down to the new generation. It comes naturally, bit by bit, through example for the most part. But also, with direct entreaties for those things of great importance, especially concerning the need for safety, to warn children again and again, if need be, about hazards in the environment. This is no different, and is within the capability of any child who understands simple language. It will have many, many benefits if it is implemented on a regular basis.

In the absence of prayer requests, children will be entirely on their own unless they are prayed for with the same intention for protection and safety, by their loved ones. That can be a substitute, but this is, after all, an important opportunity to bestow divine wisdom to the young, and will be an opportunity lost if not embraced early. After a time, it will be easier for the child to begin to resist and drift away. And there may be more opposition to accepting guidance from the parents, or others they meet when they reach the stage where there is a natural desire to test limits, to challenge what they have been told, and to break away and seek their own independence. It may be too late, at that point, to begin a serious spiritual discussion and make recommendations and expect them to be embraced."

Creator teaches us, in sharing the prayer of protection, about the rules that are in place even for children. Did you believe that children are automatically under divine protection?

We learn here how important it is to address our prayers to the highest, most divine realm, with whichever words are used to do so. Even children must pray with intention and understand what they are requesting. So simple language is best to promote comprehension.

Most surprising is the reality that children need active protection through their own prayers or the prayers of loved ones. Creator stresses the importance of developing a practice of prayer with children that will become a lifelong habit.

Meal and Beverage Blessing



Source Creator, can you construct for us an effective prayer for blessing food before mealtime and discuss the benefits so this can be a part of the intention of those using the prayer?

“Yes, a good prayer for food would be to simply say:

‘Source Creator, bless my food and everything within, each and every day, to remove all negativity. Leave what is highest and best for my health and well-being and the health and well-being of all who partake.’

This would be enhanced by being aware of the various sources of potential negativity that can be ingested with foodstuffs. This includes all unnatural, man-made, adulterations—everything pertaining to agricultural as well as processing and food preparation. So you have the array of chemicals used for fertilizer, used for insect control, for weeding out competing plants with herbicides, the consciousness of the plants themselves or animals, if dealing with meat, as these can have a deleterious effect and be imparted to the constituents that are harvested and consumed. If the animals are mistreated, that energy will persist within their physical body and will remain within the meat that is eventually ingested by the people as part of the food chain.

The same is true of plant material. If plants are mistreated or neglected in some way, being subjected to fear or hatred or the harshness of conditions to drive the growth artificially, to alter the plant in some way through manipulation, chemically or genetically, this can impinge on the consciousness as well. The thoughts and feelings of those who handle the plants can be transferred. If the agricultural workers are unhappy and resentful, this can cause psychic attacks that persist in the energy of the material harvested and then consumed by other humans.

The adulteration of food with preservatives and colorants is a major source of negativity because there can be chemical toxicity, as well as such materials often attracting great negativity energetically because of what they are designed to do. If they are designed to kill the life of microorganisms, they will attract the energy of destruction and this will be an inevitable additional transference into the food chain.



The energy of all humans in the production, handling, and processing of the food can impart further psychic energies of negativity into the finished product. The processing of food can produce many changes in altering the chemical composition through excess heat or microwaves, as this will produce carcinogens and will degrade nutritional quality in many cases. All of these negative influences can be overridden or compensated for by the simple blessing of the constituents of a meal prior to ingestion. Done as a routine, given the many, many, meals consumed over a lifetime, can help protect people from an accumulation of negativity that can undermine them significantly, and this can forestall initiation of illness as well as the consequences of aging, and be a positive factor in conferring longevity to some degree.”

To strengthen the intention of the Meal and Beverage Blessing, Creator tells us about the sources of negativity that create the need to ask this blessing. Unnatural, man-made adulterations contribute, as well as the handling and treatment of the plant and animal components of our meals. In addition, negative human energy involved in the production, processing and handling of the food are transferred to the food itself. A routine practice of blessing food and beverage can have positive effects on one’s health and longevity.

Source Creator, can you give some comments about the reasons why we need to bless all beverages? Can that be combined under the food prayer you gave us?

“The ingestion of all beverages can be included in the prayer for blessing meals as normally this is a part of meals:

'Source Creator, bless my food and drink each and every day, to remove all negativity. Leave what is highest and best for my health and well-being and the health and well-being of all who partake.'

Any beverages enjoyed in between mealtimes are best taken as opportunities for a prayer request as well. There are many hazards among beverages. Some are inherently dangerous some are much more heavily laden with psychic energies of all kinds.

So one can imagine that water is the most natural, but still is not free of negativity. There can be unhealthy levels of natural substances such as minerals and other chemicals from the Earth so that long-term health consequences may emerge. This can be adjusted for as part of a blessing request done routinely. There, of course, are many sources of pollution of water, depending on its origins, but are becoming hard to avoid with the larger and growing footprint of human on the planet. There are many waste products in industry—the many industrial chemicals as well as excreted pharmaceuticals of all kinds being present in recycled wastewater and re-entering the food chain.

These may be at low levels still, but that does not prevent an effect energetically, because they will nonetheless attract psychic energies in addition to having their innate biochemical consequences on the body. The water can accumulate many direct psychic energies from all involved in creating and supplying the source, all the way through the chain of production to the consumer, whether done through piping to a home or apartment complex or delivered as bottled water. Every human involved in handling the water in some fashion can leave their mark energetically, from having personal discord or unhappiness, and sometimes even angry feelings towards their employer, and the drudgery of their existence, and so on. All of these things are a kind of stain that will lower the vibration inherent in the water consumed.

The many liquids with nutritional content have parallel issues, beyond the well-recognized issue of microbial contamination. They may be contaminated both with chemicals entering the food chain and then excreted, as happens with milk from cows grazing a polluted field for instance. There can be chemicals added in the production to stabilize, to add colorants, or flavorings, or preservatives, all of which can have quite negative chemical effects with chronic administration, as well as an overlay of negative energies they attract, and will go along to the consumer to be ingested.

So, although it seems the most natural substance in the world, water is not without negativity. It can pick up ordinary minerals and chemicals from the Earth as well as accumulate industrial pollutants and pharmaceuticals through waste water treatment. Like food, it can attract psychic energies from all who process the water, and everything encountered in its delivery to the consumer.

The alcoholic beverages have their own problems because of the great misfortune of those addicted to their use. So all such beverages will have an extra overlay of psychic energy of human suffering and despair. And as you know, these energies accumulate. The beverage will be metabolized and unneeded components excreted or used as energy, but the psychic energies will accumulate within the body unless they are cleansed. So it is far better to remove these before ingestion.

There has been a long-standing dispute between those who consume alcohol and those who don't. One side seeing it a moral failing, the other as some extreme religious observance that doesn't make sense in modern society. Could it be that the negative energetic burden that accompanies alcohol consumption has been intuitively perceived by some?



There are also rarer instances of deliberate contamination and poisoning. This is done by the Deep State in some circumstances to cause problems for people and undermine health. The most frequent example is fluoridation of water. There are also many instances where questions are raised about mercury or lead or arsenic, and authorities are quite slow to act. This is no accident as it serves the darkness to have humans impaired and dragged down.

As if this were not enough to worry about, there is also the issue of the alien microchips that are often added to liquid beverages as a vector to transmit them to areas of the population. These are too small to be detected and will contaminate the body and serve as a technological mechanism to transduce the programming inherent in all electronic media that are subliminal but transduced by the microchips into messages that are perceived by the subconscious on a very deep level. And then the people are manipulated in a corresponding fashion by the messages without their conscious awareness or permission.

This is quite routine and the practice quite widespread. Many fast food chains have microchips in both food and beverages at this point. So rather than point fingers and raise alarm and deny people the convenience and enjoyment of their favorite restaurants, it is much easier to do a prayer blessing to have them removed by divine realm and this is quite doable.

It is easier to remove something foreign that is intruding into the earth plane than the handiwork of humans themselves, because even when misguided, humans have standing and their free will must be allowed in most cases, even when causing harm. So given the many hazards, it is only prudent to take seriously everything ingested into the body, solid or liquid for any purpose, as food, as a form of recreation as with snacks and treats, and all liquids, which range from the necessary to the enjoyable but less than desirable, as in the case of alcohol. All will benefit from having a clearing done by divine realm to remove negativity."

Creator shares even more surprising detail—deliberate poisoning or contamination of beverages. Fluoridation of water is a common example. In addition, we learn that microchips are added to liquid beverages and many fast food items to support the programming that is “inherent in all electronic media”. Creator cautions us to take this negativity seriously and apply the Meal and Beverage Blessing to everything ingested into the body.

The Meal & Beverage Blessing becomes more powerful

When the benefits of blessing our food are explored even further, Creator tells us how things that are taken into the body can be corrected. While other causes may need healing to bring into balance, the exaggerated consequences of nutrition can be healed.

You have told us the divine realm can correct for harmful things in food and beverages as well as supply missing nutrients because there is often inadequate diet due to bad advice, as well as the decline in nutritional value of foodstuffs over the years. By the same token, can the divine realm correct for overabundance of high caloric foods and undo its negative health effects, like excess weight gain, as this is often due, similarly, to bad nutritional advice and excessive use of sugar by food manufacturers through corruption?

“These concerns are a valid and legitimate use of the Lightworker Healing Protocol. This is not to say that everyone will receive equal benefit and be able to have divine correction of their own personal excesses. Where there is excess weight gain because of disinformation, manipulation, and karmic consequences of prior negative experiences involving food intake or insufficient clean water availability, doing healing may be the best answer to help people who may not be able to help themselves effectively. With so much ignorance about the true causes of obesity, diabetes, heart disease, and cancer, humans need additional help and support here to allow them to recover from the distortions in thinking that have entered into the culture for which there are many culprits. But first and foremost is the Extraterrestrial Alliance and its spirit cohort seeking to corrupt things and force people to make poor decisions that are acting against their best interests. So this would be a valuable addition and can be done as a complementary extension of your adding the request for assistance to remove negativity and add nutritional support when there is a shortfall. You can simply ask for exaggerated consequences of nutrition to be healed and a person restored to a healthy equilibrium in the working of the body and that will do the job nicely.

‘Source Creator, bless my food, drink, and supplements each and every day, to remove all negativity, add what is missing to create an ideal nutritional balance, heal any exaggerated consequences of nutrition, and restore a healthy equilibrium in the working of the body, for the well-being of all who partake.’”



Air, Meal and Beverage Blessing

Those familiar with the Lightworker Healing Protocol know it's always evolving to expand its reach and scope. Protocol practitioners frequently suggest additions to the wording to make each session more powerful.

A practitioner informed us they were using a modified meal prayer to add air, rain and water in their country, to the prayer. Do these many prayer requests, combined with specific Lightworker Healing Protocol requests on the recent hurricane Lorenzo, create enough intention and latitude for Creator to intervene and reduce the negative impact of hurricanes of this nature and also any other weather or airborne negativity like chemtrails impacting on humanity and Gaia?

"It is very much the case that the modified Meal and Beverage Prayer, when applied to the air and water, will have wider influence. Everything we do must be driven by human intention in some way, otherwise we must stand aside largely, other than the minimal provision of energy into the system to keep things going. The rest is up to the human, their awareness, and intentions to make things happen or change based on what is desired to take place. The inclusion of air in the list of things ingested by human is a nice touch because there are many pollutants that have an impact on longevity as well as exacerbating various illnesses and, in particular, the delivery of nanochips and chemical hazards as well as biologic hazards in the way of microbes and parasites. All can be delivered as airborne agents and, in addition, the energy of the extraterrestrials used for weather modification can be considered a negative influence within the air and countered based on the prayer requests made in this specific way. So this is the virtue of the recommended Creator prayer and the ingenuity to extend it a bit for wider applicability. It has indeed been a useful addition to the pool of human intentions seeing the threat posed by the oncoming hurricane and wanting a divine intervention to take place.

'Source Creator, bless my air, food, drink, and supplements each and every day, to remove all negativity, add what is missing to create an ideal nutritional balance, heal any exaggerated consequences of nutrition, and restore a healthy equilibrium in the working of the body, for the well-being of all who partake.'

While powerful already for requesting healing of the negativity within food and beverages, the addition of air to this blessing targets airborne contaminants specifically. Creator shares that this addition also gives the divine realm the latitude to take further action against negative influences within the air, such as weather modification. Human ingenuity in modifying the prayer for action against other threats is praised and encouraged.

Medication Blessing

Source Creator, can you construct for us an effective prayer for blessing medication before ingesting it and discuss the benefits so this can be a part of the intention of those using the prayer?

“This can be done as you have foreseen in a closely analogous way to that done to bless food. So one can say simply,



'Source Creator, bless my medication each and every day to remove all negativity and leave only what is highest and best,'

and this will do nicely for purposes of understanding and to promote the desired focus of intention which is always helpful for the divine realm in needing to stay closely within the constraints of the human request to not violate the rules.

There are many unseen elements that are a part of use of medication by its very nature. By the very reason it is brought into being, the medicine itself is subject to influence of psychic energy from all involved in the drug manufacturing process, from conception to delivery to the pharmacy. All involved in the chain of events, the doctor writing the prescription, the pharmacist stocking the medication and filling the prescription, everyone in their organization pondering the formulary and deciding what to include and not to include, and so on, touches the medication in some way energetically.

Because of the nature of the illness and suffering it entails, medication will draw to it many negative psychic entanglements. All the fears and suffering and pain of the sufferer will become intermingled with the physical medication itself, as this is a component of the *Law of Attraction*. And so if someone is suffering pain, when they ingest a pain pill it will carry with it the seeds of pain because of the psychic intentions from the negativity of pain sufferers serving as a reservoir of energy that will surround and contaminate the pain medication itself.

The psychiatric medications have a large component of this from having the pain of all of the anguish and despair, the fears, the self-recrimination, all of the components of one who suffers mentally and emotionally as a consequence of having imbalance in their life in a way that affects their ability to cope and adds to their life stress, all these sources of influence as a stressful energy will impinge on everything associated with the person's dilemma and this includes the

medication coming their way. It will come in with a kind of collective energy that is deposited by the collective consciousness of humanity with respect to suffering from the patient's condition.

As Creator has taught us about food and water, medication also picks up psychic energy from every part of the manufacturing and handling process, right from the development of the drug through everyone involved with getting it into our hands. Like alcohol, medication carries the negative psychic energy of all other sufferers using the medication. Psychiatric medications are especially charged with all the negative emotions and stresses that accompany perceived mental illness.

So, in a sense, each sufferer of a malady will share their suffering with all others in a similar situation, and then beyond to the larger community as a whole. It will be little noticed by most humans, but anyone who identifies with a sufferer will be reaching out intuitively to the collective unconscious and will bring back some of that suffering and it will cause a twinge within them. This stirs the passion and will open up an opportunity for a healing through love energy coming in, in the form of compassion. So the person at once heals themselves and that love will go out to those sufferers as well. In the same way, dark thoughts, fears, pain, suffering, despair, all of the elements of the sufferer will be projected into the medicines intended to treat those conditions and this will be an overlay of negativity.



As the person takes their pills, they are ingesting some of the illness and some of the symptoms of the illness as well. This will eventually have consequences. This is a major reason for difficulty in weaning oneself from medication. The rebound phenomena are to a large degree the unmasking of such negativity. So once the drug effect washes out, which usually is fairly rapid, this leaves the person vulnerable to all the negativity of the illness they have been also accumulating with each dose of medication, and there can be quite a large reservoir of such negativity with nothing to soften that blow.

Without the medication to deal with the symptoms, it may well cause a relapse and a major crisis for the person and send them back to the doctor for a new prescription, or perhaps they may be persuaded to even increase the medication if the old dose no longer contains the symptoms adequately because the rebound has hit them with such force. And then they will be back on the treadmill in worse shape than before, because the same process will resume, only now they will be taking in greater negativity along with a greater dose of the medication with all the attendant chemical side effects now being an increased risk from the higher dose level the patient is subjected to.

In this segment, Creator teaches us how connected we are to each other, even through illness. We learn that each person with an illness is sharing it with others who have the same problem, and with the collective consciousness of humanity. However, there is a bright side. When we feel compassion for an illness we share love with the sufferers of that illness.

The dark effects of medication are the reasons that blessing is needed. The many forms of distress and anguish that accompany illness are projected into the medication intended to treat them. When someone takes their medication, they also ingest some of these energies. Then the energies accumulate and may exist within a person beyond the use of the medication itself. A rebound effect may require increased dosage and further accelerate the cycle.

The answer here, as with blessing of food, as well as beverages, is to ask for all negativity to be removed from whatever is taken internally. This will go a long way to minimizing the pitfalls here in not having a worsening of human intentions, to only be of help by providing medication for illness. This is an excellent strategy and can be done by the person themselves directly, or can be done by a loved one on their behalf in the case of nonbelievers, in the case of children, or others who are impaired and not able to follow these sort of instructions. A person in doubt may well need an advocate who is in alignment with the light with a sufficient belief quotient to obtain cooperation and support of the divine realm, which will not happen to the nonbeliever or someone who has only meager belief.

This may seem harsh, but it is the way of things. There are strict rules in play. This is why it is good to cultivate one's faith and work on the belief quotient so that one can stand strong and rely on themselves effectively and not need caregivers to do it for them. But it is the next best thing, to have loved ones who are concerned and will make the effort on a person's behalf if needed."

Luckily, the blessing of food, beverage, and medication is not strictly dependent upon an individual requesting divine support. Loved ones can make this request on behalf of nonbelievers and children. It is best done for oneself, because cultivating one's faith and belief quotient is important, but the divine realm will provide support if requested for others.



Air, Food, Drink, Medication, and Supplement Blessing

While important to understand the purpose for blessing medication, the list of Creator's Recommended Daily Prayers has been condensed by combining two prayers together to list the major things people ingest: food, drink, medication, and supplements, while keeping the general instructions to ensure safety and maximum benefit:

"Source Creator, bless our air, food, drink, medication, and supplements each and every day, to remove all negativity and leave only what is highest and best. Add what is missing to create an ideal nutritional balance, heal any exaggerated consequences of nutrition, and restore a healthy equilibrium in the working of the body, for the well-being of all who partake."

Healing

This is one of the most difficult and demanding of prayer needs, because there are so many sources of negative influence on people and animals, affecting them physically, mentally, emotionally, and spiritually, in ways that are both direct and indirect. That is what our Lightworker Healing Protocol is for. It is an in-depth, comprehensive process for making what are essentially high-level, informed prayer requests for virtually any source of harm. You can order sessions for yourself or loved ones from our website, and can also learn how to do what we do as an on-line training. But, in keeping with this outreach about prayer requests, we asked Creator for a simple prayer anyone can use.

Source Creator, can you recommend a prayer to enlist the divine realm's help to overcome illness as well as to promote and maintain health?

"This again is laudable, because if people do not care for themselves and see to the needs of health and well-being, they will fall by the wayside and little will be accomplished. So you can use the prayer:



'Source Creator, help me, each and every day, to keep my body safe and strong in all ways by making healthy choices, and seek those things that reward and support a long and happy life. Correct all inner discord and signs of illness within, according to my highest good.'

A practitioner asks if the following prayer will be effective and a useful addition to the LHP: “Creator, please heal my life’s troubles and reduce all symptoms to a minimum.”

“This will be a useful addition because it creates the possibility of a more rapid change for the better, rather than waiting until the healing is complete for all consequences and symptoms to resolve, for a prior difficulty influencing the current life. Symptoms are often the last things to change, and the logic of this is to have them ever-present as a spur to seek relief and motivate a person to find answers for the inner discord intruding in their life. It is enough to have some remaining difficulty, so reducing the magnitude will help a person be more functional and suffer less while on their healing journey.”

Would the Daily Recommended Prayer for healing be improved by adding the recent suggestions you confirmed would be of value, to include life’s troubles as a target and also request that symptoms be reduced to a minimum?

“This would be a fine prayer, indeed, and parses the various elements needed quite keenly and makes them multipurpose in their own right, as well as serving in an overlapping fashion. So this would be an excellent summary of the need to both address life’s troubles and their consequences. These can be either an underpinning or a ticking time bomb ready to explode if not addressed before symptoms sprout in the form of a physical malady. That is the great value of what you are doing with the Lightworker Healing Protocol to provide prophylactic benefit for many people about many issues and, in particular, their karmic predispositions, many of which are geared to arise with various life milestones because that is when it is most appropriate to address the particular dilemma, they have lived through in the past but not surmounted. Heading off in advance, any and all things of that nature, is a tremendous value for anyone, and this prayer will help all such things, at least to some extent.”

Can prayer be used to augment the benefits of exercise, like it can to extend the coverage of nutritional supplements taken intermittently?

“This is correct. It can be requested. It is a function of belief, do-ability from the divine side, and there needs to also be a recognition of personal responsibility. The key is the description of “augmentation.” There needs to be something to augment, so an honest and good faith effort on the part of an individual is needed as a foundation, because that is what will be expanded on. So there must be something first, in order for that to be magnified and this is up to the requester to come through and make a commitment to do a basic level of work on their own behalf. That will govern how great the benefit will be. So a solid workout that is meaningful and not a token effort, can be applied again and again for a reasonable span of time. But if that is all that will happen for those days, the initial session used to launch the request needs to be a significant investment in order to make the augmented session coverage meaningful.”

Can a workout routine done twice a week be augmented to be as helpful as if it were done every day?

“This can be done and we would say this is a good average routine. It can be supported by the belief quotient of most individuals using our prayers, with the caveat that those sessions that are done be meaningful ones, and not a minimal showing, because otherwise that is all that could be done on the intervening days. So on those days when exercise sessions are done, there needs to be commitment to thoroughness and rigor to get meaningful augmentation.”

These requests were combined with the Healing Prayer, to make it more comprehensive. We have updated this revised recommended prayer for healing on our list of prayers at the end of this eBook:

'Source Creator, help me, each and every day, to keep my body safe and strong in all ways by making healthy choices, and seek those things that reward and support a long and happy life. Augment my workouts and intermittent exercise by applying the benefits to days in between. Heal my life's troubles, correct all inner discord and signs of illness within, according to my highest good. Reduce all symptoms to a minimum while complete healing is underway.'

Well-Being



Source Creator, is there a good multipurpose general prayer you can recommend along the lines of promoting divine realm's help in having health, wealth, happiness, and love?

"This, in fact, is already a divine prayer. We have impulsed this many, many, times to many, many, people through the ages. So you could make it a bit more complete by saying the following:

'Source Creator, guide and support me in my life journey each and every day, leading me to health, wealth, happiness, and love through all I do. And help all my loved ones achieve the same by making healthy choices and seeking those things that are rewarding and support a long and happy life.'

We recently decided, after having this on our list of recommended daily prayers for some time, to streamline things by removing it, as we have obtained more detailed recommended prayers from Creator now on each aspect of this general prayer. It is still a classic, and confirms the divine origin of similar wording still used by many, all around the world.

Manifesting Abundance



Source Creator, can you recommend a prayer of abundance to enlist the divine realm's help with manifesting financial security?

"This is reasonable to pray for. You, like all other humans programmed by religion, feel somewhat uneasy in wanting abundance, wanting wealth, wanting luxuries, and so on. There is nothing inherently wrong with this. The entire purpose of the universe and everything within it is an expansion of possibilities, and that would certainly represent an expansion to have personal accoutrements.

All of the gains and benefits from applying one's talents to a career, to accomplishments of note, and adding something of great value for someone and receiving riches in return, is not a moral fault or failing in any way. It is simply energy being exchanged in proportion to its perceived value in moving back and forth.

When a person has tremendous talent and ability, for example a sports star, and raises millions for their team, it is only appropriate for them to share the bounty and be rewarded in kind. This is true of all who have greatness in some way as seen by their peers, and this is true in a larger sense as well from the divine perspective, although this is not universally shared because it is not perceived by so many.

In any event, we see no value in anyone suffering from physical deprivation or emotional deprivation through living in squalor or in uncertain and potentially dangerous circumstances where there are not even basic safeguards, for example a sound roof over one's head, doors that can lock against intruders, and protection from the elements or pests of various kinds which might spread disease, and so on.

Isn't it wonderful to know that Creator doesn't see "receiving riches" as a moral failing? How long has humanity lived with doubt about whether there was a spiritual penalty for receiving earthly rewards? In this segment, Creator tells us there is no benefit in being impoverished, deprived of comforts, or even luxuries.

There is no virtue in poverty or lack of possessions. That is a complete misinformation and misrepresentation of the divine wish for all humans. It serves the darkness by making people believe those who serve the divine must be suffering in some way and must divest themselves of all material goods and so forth. What a clever way to disempower all such people! This immediately diminishes their reach because they still need to survive in some way and this turns them into supplicants who must either beg or do something menial in order to get by. It also lowers the esteem the average person will hold for them because they are seen almost universally as somewhat hapless beings, reduced in this way in having power in a conventional sense, but also seen as dependent and weak. This is almost unavoidable because money is a form of energy exchange and it comes through power being expressed in some way or another.

So the spiritual leader who is penniless may be seen as fulfilling God's injunction to be pristine by not being tainted through association with money, but beyond that naïve and simplistic view, the larger world will see all such individuals as misguided and misfortunate, and this is no way to maintain a platform commanding respect and getting people's attention and support.

Creator teaches here that the myth promoting poverty as virtuous is misinformation. This belief has been propagated to disempower all who wish to serve the divine. The need to survive directs some energy away from divine work and diminishes the regard that most people will have for them. Creator is in favor of abundance for all.

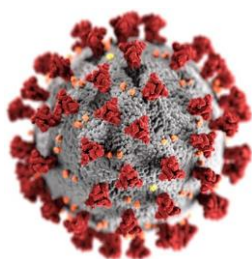
So we are in favor of abundance across the board for all—the more the better. And so, to pray for this is not ill-advised and not immoral in any respect, nor is it selfish and self-centered on its own. This is perfectly fine with us. We want everyone to be happy. That will not happen in a world of paupers. There are too many things in the context of a modern society for which money is required, and lacking money leads to many, many, problems and much suffering that can be avoided with having funds available to pay for services and goods. So we would offer a prayer for abundance as in the following:

'Source Creator, help me each and every day to find the best expression of my soul, to be rewarded in my life with a flow of abundance, to keep me safe, protected, supported, and have all of the benefits of financial security, to help me continue expressing the highest version of myself without fear and without worry.'



Removing Harmful Hazards, Energies, Organisms, and Substances

Again, experience drawn from the Lightworker Healing Protocol expands the power of our prayer requests to Creator. Through having learned that humans are being inundated with heavy metals and toxic substances from multiple sources, these blights are added to the Coronavirus Prayer. The result is an even more powerful and broad-based prayer encompassing even more threats to humanity.



“Source Creator, each and every day, remove or render harmless all dangerous hazards and energies, including viruses and other organisms, and all heavy metals and other harmful substances at toxic levels, from myself, my loved ones, and apply this prayer again and again as needed to help all affected beings and the Earth as a whole, to keep everyone safe, and restore well-being to the afflicted.”

“This is a nice composite prayer with wide applicability. It nicely includes many of the common scourges that are undermining humanity, the myriad of infectious organisms of all kinds from the microbial realm, as well as the many chemical substances that have accumulated in people from environmental exposure or ingestion within drinking water, as well as food sources. Some are natural and incorporated by plants because of high concentrations in the soil, but many are man-made chemicals used in food processing, preservation, and alteration for cosmetic purposes, such as colorants. The key here is to treat exposure to adverse things with the same common elements. First of all, to request their removal, as it is far easier to remove harmful material or organisms than to heal the consequences, especially in someone who is impaired karmically to become highly vulnerable and represents a ready victim. Heading this off before the damage is done is wise and can be arranged by the divine realm. The key is to remove what is harmful and not what is benign or possibly helpful. There is a healthy microbiome present within the human body normally in a state of balance that aids digestion and well-being.

Similarly, there are many chemical substances in food and water that occur naturally, some of which are helpful in the body but not at toxic levels. So the key here with chemical substances is also to not take away *everything* with toxic potential but to remove the excess, so those things that are valuable at low levels and promote good health can be better regulated with divine assistance, so when dangerous levels occur the divine realm will have the charter to go in and make an adjustment on behalf of the person. The other universally applicable elements are to have the prayer enacted over and over again. This allows including all of humanity because the prayer can be applied to a small group at a time, and then the original power of intention referenced over and over. This is a powerful idea that can be applied to any large-scale request for divine assistance. And lastly, to have the prayer enacted each and every day will keep it current and keep the divine realm busy doing its utmost to prevent, as well as heal, the consequences of any scourge.”

While most urgently needed for the COVID-19 pandemic, this prayer addresses ALL harmful viruses so none are missed inadvertently. Why remove one only to be attacked by another? Creator also explains the importance of making ourselves a priority in this new prayer. Isn't this equivalent to the familiar "put on your own oxygen mask first"? A further advantage is that the prayers you launch will contribute a growing pool of energy generated daily. Best of all, this strategy allows coverage against other scourges like bacteria, parasites, fungi, molds, etc., and the many poisonous substances we ingest unwittingly.

Creator also gives us further insight into the healing power of prayer, specifically stating that it is easier to remove harmful material or organisms than to heal the consequences. This is especially true if done early. Again, we are reminded of the power of repetition when it comes to prayer. The divine realm can apply healing to large groups, such as humanity itself, within subgroups appropriate to the power of the original intention. It can repeat the requested action over and over until healing for the whole group is accomplished. This focuses the healing energy of the original request on small groups one at a time, to reach everyone, rather than dilute the intention by spreading it once to cover the whole of humanity. And, when we add "each and every day" to our requests, it keeps them high on the divine "to do" list.



Prayer of Thanks

As most people are accustomed to giving prayers of thanks, we added a thank-you to our list of Creator's Recommended Daily Prayers. Here is what we were inspired to say:

"Source Creator, thank you for my life and all it teaches me, and the blessings of your love."



Additional Questions About Prayer

As we ask further questions of Creator, we are taught about whether or not paying homage to the Almighty is important. Creator teaches us the difference between the value of ritual and the value of worship. We also learn more about the external forces that corrupt us.

Source Creator, there is much emphasis in holy Scriptures admonishing people to worship God, and rituals have been developed and incorporated in many religions focused almost totally on worship of the divine. How important is it to you, whether or not humans bow down to you and kneel before your altars and bow their heads before prayer as gestures of respect? In what way do these rituals serve you or them?

“The rituals are not important to us in terms of establishing your status as subservient, as needing to pay some homage in order to be recognized or accepted by the divine. This is a distortion and misinterpretation of divine teaching. All humans are divine. All are worthy. All are loved and accepted by Creator without exception. This depends not on what you do, or say, or think, or feel, or even believe within your heart. You are part of us and we accept and love you as is.

We know too, that any distortion and departure from your spiritual origin and focus is a consequence of the current life situation and its demands and limitations in awareness and in the inherent ability of people to survive the onslaught when there are heavy obstacles to keeping one's balance. So we understand many are heavily abused and threatened in ways that undermine them, as well as the infiltration into their very thoughts by mind-control manipulation and subjugation by external forces of all kinds, including dark spirit attachments that will corrupt an individual from within without their conscious awareness, and so on.

We do not judge people by the consequences of their externally applied negativity. We do not judge—period. We only allow and observe and accept ALL as being in process, on a path of soul progression, whether fast or slow, whether moving steadily upward or going up and down, forwards and backwards, at times both. This is the nature of the soul journey—to be uncertain and sometimes complex.

There is no time limit on Enlightenment. Each will have their own path, for their own reasons, as an expression of their individual and unique soul makeup as well as the unique circumstances in which they find themselves in every new experience they undertake. All are doing something somewhat different. All come from different origins in terms of soul make-up. So not all will act the same, or be the same. This is to be expected. And when humans compare themselves to another, they are always comparing apples with oranges, but do not realize this. This is not a divine approach.

Here, we learn the surprising news that Creator does not judge. That is not what we have been told by our religions. In truth, Creator allows all to be on their own path of soul progression and observes our progress and appreciates each soul's uniqueness.

So the use of ritual to recognize the Divinity of Creator can be very useful. There needs to be an awareness of the awesomeness and great power we represent. For we are the ultimate source and the ultimate answer for many dilemmas. This is what we are teaching you now and the effort to help humanity with the interlopers: that you need powerful friends and we are THE most powerful friend you can have. You do not have this friendship by virtue of your obedience and observance of ritual in the form of worship to prostrate yourself, to diminish yourself, to show your lowly status in comparison, or to obtain approval from us by humbling yourselves.

There are three very important points made in the last paragraph:

- Ritual is a useful means to acknowledge the power that is Creator.
- Creator is THE most powerful friend that you can have.
- Creator's friendship does NOT depend upon how thoroughly you belittle or humble yourself, or revere and obey Creator through worship.



To be sure, we do not look with favor on expressions of ego taken to excess, because we know this is a fault and feel badly for those who fall into that trap. We know this will not serve them and ultimately they will pay some price for this as they will become less effective in what they do. This is not done at our hands. It is a consequence of karma and what others will do to them when they see them overreaching.

The universe itself will act as a kind of buffer and give feedback to such excesses and will counterpose them with obstacles to force a rebalancing and a retrenchment. The ego will need to rein in its horns, so to speak, to once again be in polite company and be accepted. This is human learning about human issues and not a series of judgments and punishments meted out to correct people from their errors. The universe is designed to be self-correcting.

So within that scheme there is not a requirement for worship *per se*, of the divine. Worship has had value historically in human social development and cultural

development both, by providing a framework, to put some emphasis on the special nature of the divine and the divine realm and to represent, in a symbolic fashion, the truth of the nature of things—that humans are disconnected and need to take steps to connect with the divine realm to achieve extra things needed.

The ritual serves to make this point quite clear, that it is a special connection and special bond that is needed between unequals. This is simply the practical reality of things in the dilemma of divine human being in a corrupt world with a defective body and a very significant disconnection from their higher self and beyond, to the soul level and Creator, as well as a disconnection from the deepest part of their own mind.

In these respects, humans are lesser beings. That is all we are saying, not that they are unworthy. It is no different than looking at a wounded animal and seeing at once the contrast with its true potential and noting the dilemma posed by the lack of function, due to an injury. That is not judging the animal as unworthy, but only pointing out the current status of things—that an impairment has occurred and there is a need for healing to restore the animal to its highest expression. This is true currently for all humans. So we do not see you as unworthy, we see you as having been altered and impaired in various ways, through much outside manipulation, and see this as a need and an opportunity for tremendous healing work to, once again, restore all humans to a higher level of performance. This will change everything about the human experience.



Ritual serves to emphasize the superior power of the divine and the dependence that human has on the divine realm to make things happen. It demonstrates that humans are not operating at full capacity and that healing is required to restore intended function. Until the needed healing takes place, ritual that supports human empowerment is useful to enhance the connection between human, and the Almighty.

To get there will require human effort, not acquiescence, not subservience, not the humbling of the self, or focusing on rituals that leave the human essentially showing up and then shutting down their free will in service to a ritual action of some kind, perhaps a prayer said in a mantra-like fashion from rote memory. To do so over, and over, and over, and over, if the focus is solely on pleasing God, this will cause no harm, but represents a preoccupation of their time and

resources that they could be devoting to growth and enlightenment, which would also serve God and in a fashion more uplifting for them and more satisfying for Creator as well.

We enjoy people who are expressing their soul desires in new ways that push the boundary of what came before and result in an expansion of possibilities. We have no joy in watching people carry out rituals repeating the same words and gestures over, and over, and over again. There is no growth in this. There is no accomplishment of any significance in this. It is a kind of “make-work” exercise that keeps the idea of the divine alive and is a gesture of respect, to be sure, but it is a draining of human capital that has little other purpose. We would rather see people breaking new ground, spreading love in new ways to new places, and helping one another with their energy in a loving fashion, rather than practicing rituals to express gestures of love over and over to Creator, which often become so automatic they lose their passion and almost lose their meaning through becoming so routine that they can be done almost in one's sleep.

So we see a place for ritual, as it can be quite satisfying and it will help people mark an occasion as a solemn and important one. This can prepare people for what comes next, in something new and something varied, that may be unique and a focused issue needing attention. But a service of worship filled with endless ritual, that is repeated for the thousandth time, will not uplift people very greatly.

After so much repetition, it is inspiring for the young who are seeing the ritual splendor with fresh eyes and maybe filled with awe at all the trappings. But this will begin to wear thin over time with endless repetition. So the main message here is: we do not need to be worshiped directly, except as to be acknowledged, and that is more profitably done through making prayer requests to assist oneself or others with their lives, and not through committing gestures of subservience.”

In summary, ritualistic prayers and worship services, done in a routine fashion, are not as powerful and beneficial as devoting time to growth and enlightenment. This serves Creator, and is more elevating for the individual and more enjoyable for Creator.

Source Creator, can you share with us a recommended prayer of worship you would deem as being helpful for humans to use and how frequently would you advise people to use this prayer?

“To this end, we would prefer to leave this out of the list and let people note this and ponder why this is absent. We do know many would consider this a fatal flaw in the logic of the information we are imparting to you and would see this as the telling error—that emphasis on worship is missing and therefore the information is inauthentic and not God-like in tone, because everyone knows “God demands being worshiped” and this is the most important activity humans can participate in.

As we have explained to you, this could not be further from the truth for reasons we have given. We want people to be out and about and working with and helping one another to learn and grow. They can focus on us whenever there is a need to communicate. We do appreciate expressions of love. But that is best done through a genuine outreach focused on the reasons

for feeling love in the relationship you have with Creator, rather than following someone else's words that are focused on creating a stated subservience to exalt Creator and diminish the human as a supplicant.



In the previous segment, Creator declines to provide a prayer of worship. Worship is not required by Creator. The preference of the divine realm is that humans devote time to helping each other learn and grow, and call upon the divine realm when needed, when love inspires a genuine outreach to cultivate a working partnership.



Source Creator, is the idea of prayer circles and/or mass meditations a good one for specific purposes like rescue missions for large groups or a troubled nation?

“This is a quite beautiful idea and fits in with the process you already use in your Lightworker Healing Protocol for the group collaboration, to have a healing circle of like-minded individuals contributing to the betterment of a target client group, which, as you know, can be done on any scale. The informal meditation groups come together, often with only the vaguest idea of what the benefits might be, and often the desires and intentions are quite lofty but also quite broad

and lack focus and definition of particulars. And this does limit their reach because the energy will dissipate accordingly.

It is sort of like spreading seeds for planting. If you scatter them between the feed store and the farm, many will fall on fallow ground and will not bring forth useful plants, whereas those planted in a pre-plowed row will be nurtured and watered by human love and consciousness and divine watch, and are in the starting place that is ideal for them to flourish, to grow, find roots, and create plants that stand tall in the sun and bring forth a bountiful harvest.

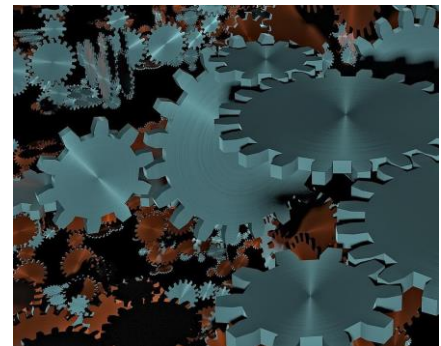
This is quite analogous to the focused prayer outreach to help a person who is identified and a particular issue that is identified as opposed to a general meditation to benefit humanity or benefit the planet, as is often done. So the idea of having a healing meditation for a target group even the size of the North Korea population is a fine extension and refinement and focusing to use the human capital, the collective consciousness of the gathering, to greatest advantage.

And to enable divine realm to chime in through a direct request to us, allows us to do the same, to focus our energies in a meaningful way, in a very purposeful way, to likely bring better results than a general vague spreading of the energies planet-wide.”

A prayer request for betterment of any target can be done on any scale and when a group directs their prayer outreach on a specific person or group it allows the divine realm to concentrate healing energies, with potentially better results.

Source Creator, when praying for a friend’s healing, is it best to also declare “if my friend also wishes this and this healing is allowable within the divine plan for my friend?” Won’t Creator automatically factor in these considerations, and what about the role of their Higher Self in determining their fate?

“You defined nicely, by your question, the many twists and turns and complexities represented by prayer, because this, after all, is a very high-level interaction involved in praying to Creator on behalf of the self or someone else. There are always many factors involved. The energies at all levels must be considered and this includes karma as well, the energetic obligation of all that has come before. So no man is an island, as the saying goes, and this is very much true in terms of energy, as all energy has an interconnectedness within the vast matrix of the universe, so that the consciousness has links and an inter-dependence and a high-level awareness of itself in all its branches. So when one reaches out in prayer, many factors are taken into consideration automatically, and so the karma of the situation very much comes into play.



A person may be ill for many, many, reasons. Almost always there is a karmic reason and this may need to be satisfied to rebalance or repay things, in a sense, and so suffering may need to be maintained and left in place to accomplish this. In many cases, healing is allowable.

Once the karmic lesson has been absorbed and the learning is in place, further suffering is not of value for the soul’s progression and then healing can be brought to bear, but still must be requested from the human side. So in reaching out to request healing for someone, this is always a high purpose on some level, even when it is a primarily selfish act because the person is focused more on their need of the ill person and fearing their loss and then losing support or the only source of love, perhaps.

Even when serving the self, a prayer is answered in one way or another, for all have value, and care of and for the self is a divine duty, after all. So this is not lesser in rank compared to giving love to another, as many would teach. The idea of self-sacrifice is, in many ways, a distortion of divine truth as it serves the darkness to impair one person at the expense of another, and so this is never divine. There needs to be a raising up of all. So it is perfectly appropriate to pray for someone when there is a self-interest involved. Even if the person is only focused and aware of self-interest and lacks a true and deep compassion for the sufferer, their prayer has validity and will be acted on because this is a human in need.

And in fact, that prayer, even though selfish in terms of the limited awareness of the person making the prayer request, can be used by divine realm to bring true and even full healing to the ill person, and this often happens because the divine realm is always aware of the sufferer, but many times unable to render aid because no human is inviting us to come in. So even a feeble prayer request gives us what we need to spring into action, and we can further amplify such a notion to bring more love to the person praying, and perhaps even awaken the beginning of true compassion for the one who is truly suffering. This is a divine blessing in all ways, and is owing to the one self-involved in acting on self-interest. So it is always good to reach out to Creator, no matter what the impulse, if it is for the good of someone.”

In response to this question, Creator reminds us of the many factors involved in responding to a prayer request, including many levels of energetic interconnectedness, and karma itself.

In addition, Creator offers some insight that may be very new to some readers—karma is almost always involved in illness. Even so, healing may be allowable if the karmic lesson has been learned and healing has been requested from the human side. It is interesting to note that “further suffering is not of value for the soul’s progression”, after the karmic lesson has been learned. Did you think that suffering was a currency that never met Creator’s insatiable demand? It seems that Creator is happy to end suffering if called upon to do so.

Next, Creator teaches us that it’s perfectly appropriate to pray for the self, and that caring for the self is a divine duty. It is not a lesser act than praying for another. We also learn that “self-sacrifice is in many ways a distortion of divine truth” because it implies that the needs of the self are secondary to the needs of others. We are shown that we have always had divine permission to act on our own behalf, even when praying for another out of self-interest.

With the obvious willingness available for divine intervention, it is shocking to learn that the divine realm is often not able to assist a sufferer if a human has not asked for their participation. “So it is always good to reach out to Creator, no matter what the impulse, if it is for the good of someone.” Remember this when you see someone who pulls at your heart strings. You may be the only one who can bring Creator’s love to a situation with what you have learned about prayer.

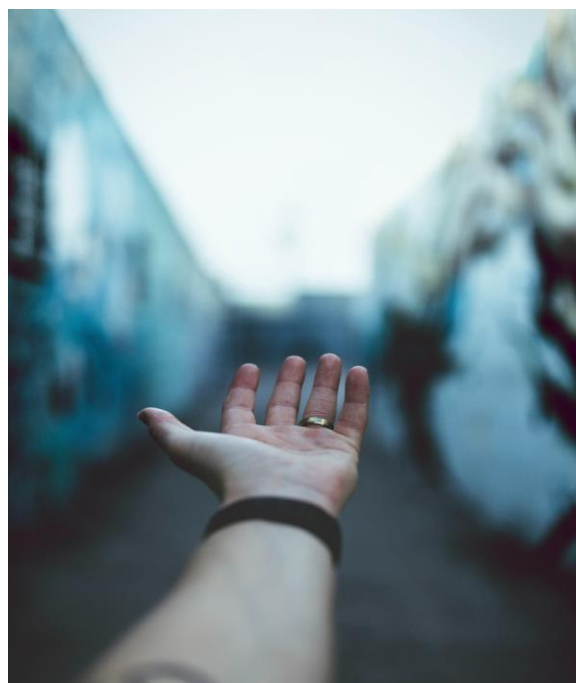
Source Creator, we are often our own worst enemy. What if the friend we wish to help is creating their dilemma through a suicidal impulse, or giving in to a 'sow and reap' consequence through ignorance of the possibilities to improve? Is there no hope our prayer request might override the troubled part of their mind and turn things around?



“Indeed, the opposite is the case. Often times the friend of one in need sees things much more clearly and dispassionately and has a better perspective of that person’s work and their place in things, including their own involvement with their dilemma, or lack of blame when they have some personal self-destructive impulse that is beyond their control and may have a karmic origin beyond their conscious awareness. So there are many complex situations and dynamics of this kind that are not perceived by others or even the individual involved in the struggle directly. So in the case of someone wishing their own demise, this is often misguided and a misalignment for which they need assistance and rescuing, for this may send them on a very dark path and a time of suffering and torment not only in the current life but in the hereafter if they are unable to fully transition to the light and remain in limbo and are preyed upon.

So there is much at stake in assisting a person who is struggling in this way, and so a person in that frame of mind is truly not the best one to decide their own fate, even though this may be their feeling and their true desire in the moment, it is still not the totality of their being, but only a portion and often motivated and controlled by the deepest, darkest, inner part that is overwhelmed in having to face many dark thoughts and seeing many dark times in the past and fearing they are coming again.

So this is all outside conscious awareness for the most part, and sets a person up to self-destruct. It is important to reach out and assist in such instances through love by those who are clearheaded and capable of fostering loving feelings, and can do an outreach on behalf of the sufferer. This is always divine. There are no benefit can be launched.”



In this discussion that focuses on suicide, we learn that a person with a self-destructive impulse needs the help and support of someone else. Often a friend can see things more clearly and is not being driven by the unseen forces motivating this desire. This part of the lesson will seem familiar, most of us would understand this to be common sense.

What many of us may not know about suicide is that it is not necessarily the end of suffering. When someone ends their own life they may not escape suffering as they imagine. They may extend their plight into the hereafter, if they are not able to transition to the light, and are preyed upon in limbo.

So, in assisting a person in this frame of mind it is important to know what is at stake, and what may be the causes. At times the motivating force can be the deepest part of the mind reviewing its own history of suffering and trying to avoid a repeat performance. A friend who is clearheaded enough to cultivate loving feelings is in a better position to make a divine outreach in support of the sufferer.

Source Creator, people are often frustrated when perceiving their prayers for others go unanswered. Can you summarize the constraints on making a prayer request on someone's behalf?

"The interconnectedness very much is an operating condition, and so the interchange and interplay is very involved and dynamic and ongoing beyond conscious awareness but is nonetheless real and nonetheless important. So the effect of a prayer request on a sufferer is governed by many factors: their willingness to heal on all levels, each having a voice and a vote in a sense; as well as the soul plan as governed by the higher self, which monitors things and coordinates the giving of life force energy and other healing interventions; the standing of the one making the prayer request with respect to their belief and their belief in themselves, in having a voice with Creator; all are important factors and variables as well.



If a person prays who has little belief in the divine but is doing so out of desperation, their prayer will have less likelihood of success. This is how it must be, for you are in charge and therefore, the strength and purity of intention and the extent of belief all are important governing factors in whether or not we can respond to the request and deliver what is requested in full measure. So you all have standing, you all have power, but you may choose to undermine this and limit your power and effectiveness.

The same is true on the receiving end. If someone does not believe in themselves and has decided they are doomed, then prayers on their behalf may not be sufficient to change this fate, for they ultimately are the ruler of their kingdom and their word is law, even when misguided or corrupted or distorted through a poorly functioning brain.

These factors are weighed and can allow some leeway in having a strong prayer override indecisiveness and some degree of doubt. This is why it is important to have an advocate, and often times have more than one person involved in a prayer effort, for the belief quotients can be added together to make up for a shortfall.

It may take two people praying to make up for the very low belief in a sufferer who has given up on God, so to speak, and thereby begun to close the door to the possibility of divine intervention.

So there is a calculation involved here as to the various ingredients in the recipe for a solution to a dilemma, but among the many factors, all comes back to having enough outreach from the human side to Creator to allow the possibility of divine intervention in the first place, for without the human request, nothing will happen.”

It seems that prayers may appear to go unanswered when we don't know what is required for the divine realm to react. Following are some of the factors that impact divine ability to respond to a prayer request:

- The prayer recipient must be willing to heal on all levels.
- The person's higher self must allow healing that does not interfere with the soul plan for the lifetime.
- The requester and the recipient must believe in the power of prayer, their worthiness to receive divine intervention, and that there is a Creator prepared to respond to their plea.

Creator wants to be able to answer our prayers, and so, will allow the belief quotients of multiple requesters to be added together to compensate for low belief by any individual. For this reason, it is always worthwhile to pray in groups.

Remember, in all cases—without the human request NOTHING will happen.



Source Creator, would a prayer request by someone who is selfishly, possessively, clinging to a suffering loved one who needs to transition be safely ignored by Creator in the dying person's best interest?

"Yes, this is so. Prayers are answered in proportion to the need, and in proportion to the intention, and in proportion to the level of belief of both giver and recipient. So there are as many ways of compensating as there are variables in the equation. All is taken into account, and someone who is genuine and reaching out from their heart may have tremendous power on their own to turn things around for a fellow human, but the step must be taken and their role must be genuine to have an impact. This is the capability of all divine humans, to be an agent for change and an effective advocate to recruit divine help."

It is interesting to learn that someone praying for another out of complete self-interest may still be able to enlist divine help for a fellow human. Other factors are considered, and the request must be genuine and from the heart.

Source Creator, if so, through what mechanism do people hold back their loved ones when it is highest and best for them to pass on?

"The mechanism for restriction is not done through the divine realm, it is done through the energy of the person's own consciousness that is reaching out to the loved one in desperation, and that is the true clinging. It is their energy acting like a net surrounding the loved one, to keep them close, to hold them down, hold them back, prevent them from leaving. This is perceived energetically by the person who is dying and they may well delay their departure accordingly. Every death is a decision to leave on some level of the being, usually at the level of higher self, and then the message goes out to the body to comply.

So once the decision is made and the body begins to fade, a desperate outreach from a loved one can cause a delay and cause the person to hold back, and this can keep them trapped under a feeling of obligation even when there is much suffering occurring. And then this becomes a disservice to the loved one, who deserves better and who would gain tremendously from escaping a life of torment and despair, in many cases, from unrelenting pain or the loss of function to the point where their life loses its satisfactions and certainly joys. To remain in a kind of prison does not serve them any longer and they need to exit and deserve this opportunity to return to the light and the bliss of Creator's love.



But a sense of duty will often circumvent the planning to exit, and then there will be continued suffering. This will have karmic consequences for the one who is possessive so this is never a good idea. There is a time for living and a time for dying, and this needs to be a part of the

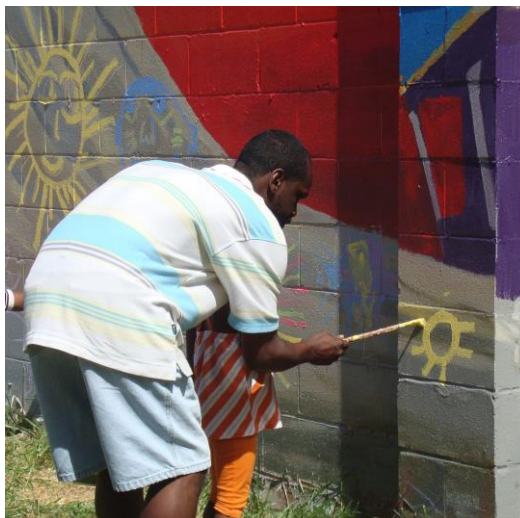
awareness and maturity, to distinguish among these choices with a healthy perspective of what is highest and best for all.”

When someone is truly suffering, we may think that the divine realm is responsible for keeping the dear one from departing. In fact, it may be the consciousness of someone who desperately does not want the transition to happen, causing delay and making the sufferer hold back. This may cause the sufferer to resist the death decision of the higher self, and continue to suffer. There will be karmic consequences for the one whose possessiveness adds to suffering.

Source Creator, a client asks: “Is it true that God doesn’t care if we pray or don’t pray? That God won’t be angry, disappointed, or sad?”

“It is not a matter of caring or not caring. We care about everything. We are just not worried. We do not worry as humans do, for we have the big picture in mind at all times and we know that eventually all will work out and that nothing will be lost truly. There will always be benefit from every misstep, every mistake, every time of struggle and disappointment and failure and even of pain. There will be much learning and much future expansion as a result of that hard-won knowledge.

So we see things quite differently. It is not a matter of being stoic and uncaring, it is a matter of having endless patience and a full belief in all of our creations to work their way forward and to contribute to a broad unfolding, with many twists and turns to be sure, but always reaching forward to a glorious future.”



The last question addresses prayer, but the response is more general. It teaches us that Creator has endless patience and does not worry. Creator knows everything will eventually work out because there is a full belief in all of creation—including us.

Source Creator, a client would like guidance and suggestions for improving the following Prayer for a Divine Safety Field:

Beloved God, Source Creator, I ask for an impenetrable safety field to surround me on all levels of my being to block out fully and completely and to repel all outside interference from human and non-human sources and their technologies, past, present, & future, with the intension of causing harm, subverting, or thwarting my evolution as a Divine Human Being and are counter to my Soul's Welfare and my Highest Well Being. I ask this request to include all forms of: negative energies, subliminal messaging, subconscious influences, mind control programming, etheric broadcasting, electromagnetic frequencies, microwaves, scalar waves, high-level psychic attack, and machinations and stratagems motivated by deceitful intent, subterfuge, and the application of disingenuous loopholes to thwart, subvert, or usurp Source Creator's purpose for the Divine Human.

I request that this impenetrable Divine Safety Field surround me at all times, including all meditative states, my sacred sleep and dream space, my sleep and dreams, my residence, my personal possessions, plants, finances and income-generating accounts, and everything I ingest, absorb, apply, and inhale. Please extend this protection to include my entire biological family, pets, friends, neighbors, acquaintances and heart-centered groups that I interact with directly, indirectly, and electronically, and all health care and service providers.

I am totally and completely receptive to the loving support, inspiration, and guidance of the Divine Realm, my personal Spirit Team, and Source Creator. I choose to move forward in co-operation with all Divine Agents and Influences. Please apply this Divine Safety Field across all timelines, parallel lives, galaxies, and universes from my Soul's inception.

Thank you. Thank you. Thank you. And so it is.

What are its strengths, weaknesses, and ways this Prayer for a Divine Safety Field can be improved?

“As you know, we do not interfere with the desires of the divine human or their choices, so we can only add and not take away. We like this thoroughness and the construction here of many essential elements for safety and the risk factors that may limit safety and well-being. The only comment we would add would be to consider inclusion of toxins and the effects and energies of outside organisms that may be capable of invading, as well as the consequences of any.

In assessing this prayer, Creator approves of the attention to detail that itemizes a large list of potential hazards that can place someone at risk. (It would be worth the time to read again and understand more fully, known issues from which the requester is seeking protection.) It is interesting to note that Creator will add suggestions, but not delete human choices.

This prayer, in effect, has our blessing for its use and for sharing with others as a fine example of recognizing the power of specificity to not leave things to chance, to vagaries of interpretation, and the risk of incomplete coverage, which may well happen routinely with such prayer requests because people are unaware of the hazards and it is difficult for the divine realm to protect them from something they do not understand or recognize and do not ask for help with.

Here, Creator suggests sharing the prayer as an example of the essential specificity required. It seeks full coverage of all the risks in the awareness of the requestor. It is necessary that petitioners know what it is they want protection from, for Creator to act on their behalf. Again, we are reminded that we must ASK in order to RECEIVE divine help or it will not happen.

That would be leading, that would be jumping out in front, and selectively sparing them without their understanding or awareness. This we cannot do and remain true to the spirit of the enterprise here, for human to learn to navigate, learn about their world, and then act accordingly in partnership with the divine realm, to request help for those perceived and dangerous hazards. This prayer will work quite well and will work as intended, given the required belief quotient of the person making the prayer request and the required level of inner strength and conviction to believe they are worthy of divine assistance and support. Those two requirements are always critical and limiting in terms of the ability of divine realm to respond as desired and expressed in the prayer request.

We are reminded that the divine realm will not “lead” us, meaning they will not supply the answers before we have some understanding of any issue. It is up to us to figure things out enough to ask pertinent questions. In this case, the requestor has learned enough to put this knowledge into the form of a prayer, and receive an assessment of its content. Then, Creator tells us that no matter how complete the prayer, the petitioner's belief quotient and belief in their own worthiness are critical. These two elements are vital to receiving the desired response.



Many, many, people pray for things they are not a match to receive because of such limitations in belief and self-acceptance. This is sad and often tragic as well, but is part of human learning and must be allowed. Humans must help one another to recognize the pitfalls and teach better ways to work with the divine to get meaningful help. This prayer fulfills the need for clarity and specificity, and is done in a proper fashion to state things definitively, and directly, without mixing in humility and self-limiting language and assumptions that contaminate so many traditional prayers and thereby limit them in effectiveness.”



Learning More Divine Wisdom

The world's religions have many core divine truths in common, but differ with respect to their dogma. In our desire to understand, we do probe and press for clarification, come what may. While some of the above may conflict with religious teachings with respect to fine points, we hope you will see our intention and the intention of Creator to be speaking to all people, no matter what cultural, ethnic, or religious backgrounds.

We invite you to visit our website and explore the many ways we are seeking understanding with Creator's help, to answer our questions and help us channel many important people who are now in the light. There are many, many, fascinating things we are learning about how the Universe works, as well as the true and surprising sources of evil in our world and what to do about them. After all, what we are tapping into has been a universal desire of humanity down through the ages—to really know what Creator thinks. We have more than a thousand questions and answers from Creator in our searchable database, and more added each week about all kinds of issues. We also offer remote healing sessions, and train healers in how the divine realm does it.

www.GetWisdom.com

We will leave you with one last important bit of Divine Wisdom:

Are there other spiritual practices besides prayer that are recommended?

“There are many ways of expressing divine love and this is the focus of the true spiritual being in full possession of their awareness in the grand scheme of things. When you are able to be with Creator, and talk with Creator, and have an audience with Creator, you will truly know the scope of your reach and what your true standing is in our eyes, so to speak. Then you will do works of greatness simply because of who you are, and you will have boundless energy, and intelligence, and wisdom to draw on.

This is only a baseline because we expect great things of you to take you beyond our imaginings. This is the power available to you, and the potential available to you. You can reach out from where you are now in profound and wondrous ways. Every act of loving kindness is a spiritual act. It is a form of prayer. It is saying to the world and signaling to divine realm “I want love to go to this animal, or to this child, or to this homeless person I see, or to this person who seems so anguished, and upset, and in despair as I do my grocery shopping.”



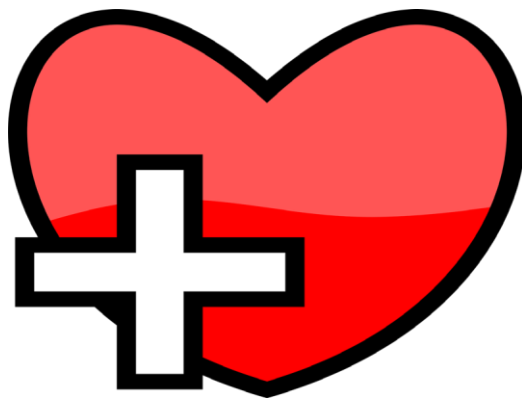
There are countless opportunities for the expression of love and to give love to oneself. This is not being selfish. This is simply safeguarding the soul and honoring Creator in yet another way. You can worship at a shrine or you can worship everyone around you. All are extensions of Creator. All are saints in the making. Everyone has value and everyone is loved by Creator and if they were loved by you, darkness would have no place to live. This is the power you have as a spiritual being.

There are infinite ways you can practice being spiritual, praying to God is only one. There are many ways of being a divine agent in spreading your love and your compassion, and your desire for betterment. And this is what we are recommending for the great outreach that needs to happen to get all on board realigning with the divine realm to help humanity. It is, in effect, aligning people with a similar intention to have love rule once again.

If you look at all the darkness through human culture, whatever it is and whatever form it takes (an inadequate, over-expensive, depersonalizing, arbitrary and heartless health care system is only exhibiting myriad ways love is absent but needs to be added) these are an example of the many ways you can act, individually and collectively, to be spiritual and have a spiritual practice that will make a difference.”

To end these lessons for the moment, Creator tells us there are many ways to express divine love. We learn that every act of loving kindness is a form of prayer, and indicates to the divine realm the people and situations we encounter where we want love to flow. Creator also reminds us not to forget to express and give love to ourselves.

Lastly, we are given an example of a system familiar to everyone, where its failings indicate that love needs to be added. When stated in this way, Creator reminds all of us that the way forward, with systems that fail to provide needed services and care, is to add the love that is missing. In this way, we can become agents of the divine in answer to prayers.



Creator's Recommended Daily Prayers

Note: these prayers are empowered to include many recipients without reducing benefit to any individual.

Empowerments

"Source Creator, apply all my prayers each and every day, to myself, my loved ones, and every being everywhere across all time domains, in increments proportional to my spiritual reach, so no one is underserved and all are covered, eventually. Pool and apply the intentions of all similar prayers everywhere, as often as feasible, to augment their power."

Raise Belief Quotient in the Divine and Oneself

"Source Creator, raise us up each and every day to feel divine love, to open to divine love, and to express divine love through us in all we do."

Saving Oneself and Humanity

"Source Creator, be our partner in life each and every day, to keep us focused on love, receiving and giving, both to ourselves and to all those around us. Bring healing for the darkness in all its forms, to raise up the perpetrators so they stand down and free the tormented."

Protection

"Source Creator, partner with us in our lives each and every day to keep us safe. Protect all in harm's way by reducing or eliminating all dangerous weather, all natural and unnatural disasters, accidents and intentional injuries. Guide, heal, support, and protect against all who oppose bringing forward the truth of the divine."

Air, Food, Drink, Medication, and Supplement Blessing

"Source Creator, bless our air, food, drink, medications, and supplements each and every day, to remove all negativity and leave only what is highest and best. Add what is missing to create an ideal nutritional balance, heal any exaggerated consequences of nutrition, and restore a healthy equilibrium in the working of the body, for the well-being of all who partake."

Healing

"Source Creator, help us, each and every day, to keep our bodies safe and strong in all ways by making healthy choices, and seek those things that reward and support a long and happy life. Augment our workouts and intermittent exercise by applying the benefits to days in between. Heal our life's troubles, all inner discord and signs of illness within, according to our highest good. Reduce all symptoms to a minimum while complete healing is underway."

Manifesting Abundance

"Source Creator, help us each and every day to find the best expression of our soul, to be rewarded in our lives with a flow of abundance to keep us safe, protected, supported, and have all of the benefits of financial security, to help us continue expressing the highest version of ourselves without fear and without worry."

Harmful Hazards, Energies, Organisms, and Substances

"Source Creator, each and every day, remove or render harmless all dangerous hazards and energies, including harmful viruses and other organisms, all heavy metals and other harmful substances at toxic levels, from myself, my loved ones, and apply this prayer again and again as needed to help all affected beings and the Earth as a whole, to keep everyone safe, and restore well-being to the afflicted."

Prayer of Thanks

"Source Creator, thank you for my life and all it teaches me, and the blessings of your love."